We must direct our awesome intellects in accordance with the compassion that works in our own hearts and in the universe. Giordano Bruno 1548-1600

Earth Water
A NEW EARTH
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Until he extends the circle of his compassion to all living things, man will not himself find peace. Albert Schweitzer

Take away love, and our earth is a tomb. Robert Browning

Each of us inevitable, each of us limitless - each of us with his or her right upon the earth, each of us allow'd the eternal purports of the earth, each of us here as divinely as any is here.

Walt Whitman - LEAVES OF GRASS

In one drop of water are found all the secrets of all the oceans; in one aspect of You are found all the aspects of existence. Kahlil Gibran

One of the first conditions of happiness is that the link between Man and Nature shall not be broken. Leo Tolstoy
Nature is neither pleasant nor painful. It is all intelligence and beauty. Nisargadatta Maharaj

This Earth is sacred for us. Chief Seattle

LIFE EARTH WATER

The light of Nature is the light that comes from the Spirit. It is in man is born with him, and grows up with him. Paracelsus

Heaven, Earth and I were created together, and all things and I are one. Chuang Tzu

Reverence for life affords my

![Crossword Puzzle]

**ACROSS**
3. Our planet --- 4. Gift of living
6. Space, universe --- 8. Liquid need for life
10. Warm liking or affection
11. Source of light and heat, morning riser
12. Living thing that can move, other than man
14. Kind of radiation that stimulates sight
15. Photosynthesis producing gas (O2)
18. Human being
19. A feeling of thankfulness and appreciation
22. Thing given or received, without payment
23. Leaf falling time --- 26. Coldest season
27. Name for our planet as living planet
29. No smoke without --- 30. Frozen water
31. Time after sunrise
34. Region of the clouds, bright clear blue
36. Plants collectively --- 37. Earth’s satellite
38. Sodium chloride (from sea - for food)
39. Warmest season --- 40. Battery gives force

**DOWN**
1. Animal, vegetable or _
2. State of freedom from war
3. Gradual development
5. Environmentalist, seeking to protect nature
7. Long-necked trumpeter, graceful bird
9. Instance
13. A deep awareness of and sympathy for another’s suffering --- 16. Time after sunset
17. River crossing --- 20. Drops on blades
21. Cold white flakes (winter)
22. Excessive desire, esp. for food or wealth
24. Compassion for the unfortunate
25. Gentle and considerate towards others
28. Being harmonious; melodious sound
32. Vapour from hot water
33. Stratospheric layer (protects earth)
34. Salt water covering greater part of earth
35. Bright celestial body (night sky)

So long as you breathe the free air of earth, you are under obligation to render grateful service. Sri Yukteswar

Life is love. Leo Tolstoy

Fundamental principle of morality... Albert Schweitzer
This earth is ours, it does not belong to the communists, the socialists, or the capitalists; it is yours and mine, to be lived on happily, richly, without conflict. But that richness of life, that happiness, that feeling, "This earth is ours”, cannot be brought about by enforcement, by law. It must come from within because we love the earth and all the things thereof; and that is the state of learning. J. Krishnamurti 1895-1986

True love is that which ennobles the personality, fortifies the heart, and sanctifies the existence. Henri Frederic Amiel 1821-1881

Millions of spiritual creatures walk the earth Unseen, both when we wake and when we sleep. John Milton 1608-1674 PARADISE LOST, Book IV. Line 677

I will give you the keys of the kingdom of heaven, and whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven.

Jesus Christ - BIBLE, Matthew 16.15-19

Life is a dance between heaven and earth, the ebb and flow of life. Maurice Spees

Earth, water, fire, and wind. Where there is energy there is life. Suzy Kassem

Before we can truly live in harmony with each other and the natural world, we will need to alter every thread of our social fabric, including the way we experience reality.

Murray Bookchin 1895-1986

If we follow the commandment, "Thou shalt not kill" (Exodus 20:13), it is naturally out of the question to eat meat, fish, fowl, or eggs. How can we claim to be lovers of God, lovers of His creation, if we kill the humbler members of God's family? The spiritual path is one of love, compassion, and nonviolence. Sant Darshan Singh

The basis of any real morality must be the sense of Kinship between all living things. . . . the barbarism of civilisation - the cruelties inflicted by man on man in the name of law, authority and traditional habits and the still more atrocious treatment of the so-called lower animals for the purpose of sport, science, fashion and the gratification of the appetite for unnatural food.

Henry Salt 1851-1939 - THE CREED OF KINSHIP

We abuse land because we regard it as a commodity belonging to us. When we see land as a commodity to which we belong, we may begin to use it with love and respect. Aldo Leopold

Brothers, have no fear of men's sin. Love a man even in his sin, for that is the semblance of Divine Love and is the highest love on earth. Love all God's creation, the whole and every grain of sand in it. Love every leaf, every ray of God's light. Love the animals, love the plants, love every-things. If you love every-things, you will perceive the divine mystery in things. Once you perceive it, you will begin to comprehend it better every day. And you will come at last to love the whole world with an all-embracing love. Love the animals: God has given them the rudiment of happiness, don't work against God's intent. Man, do not pride yourself on superiority to the animals; they are without sin, and you, with your greatness, defile the earth by your appearance on it, and leave the traces of your foulness after you - alas, it is true of almost everyone of us!

Fyodor Dostoyevsky 1821-1881 - THE BROTHERS KARAMAZOV

The conception of Tree Lovers, as well As Lovers of Animals and Nature, is that of one great family going forward into the future, believing in a harmless way of life, one humanity chastened, disciplined and illumined. The present is full of opportunity. A great light has been raised and is penetrating the darkness of the world, but, alas, too many with dust blinded eyes have yet to catch the vision. Some of us have. That is our privilege and our opportunity.

Richard St. Barbe Baker 1889-1982 - MY LIFE, MY TREES

There can be no rest for those of us who love the Earth, our children, and our grandchildren. There is no running away for those who really love, for love is the greatest power. We are part of the life force of this world, and when one part is sick, all is sick. Tom Brown, Jr. THE QUEST

Each and every master, regardless of the era or the place, heard the call and attained harmony with heaven and earth. There are many paths leading to the top of Mount Fuji, but there is only one summit - love. Morihei Ueshiba 1883-1969

Come forth into the light of things,
Let Nature be your teacher.
One impulse from a vernal wood may teach you more of man,
Of moral evil and of good, than all the sages can.
Knowing that Nature never did betray the heart that loved her.

William Wordsworth 1770-1850 - THE TABLES TURNED

There are more things in heaven and earth, Horatio, than are dreamt of in your philosophy.

William Shakespeare - HAMLET

As above, so below; as below, so above. Hermes Trismegistos

(who know all the secrets of Heaven and Earth)
UNITED NATIONS Prayers - day 11 September 21

U.N. Environmental Sabbath Program from Prayers for Healing

We join with the earth and with each other,
To bring new life to the land, to restore the waters, to refresh the air.
We join with the earth and with each other,
To renew the forests, to care for the plants, to protect the creatures.
We join with the earth and with each other,
To celebrate the seas, to rejoice in the sunlight, to sing the song of the stars.
We join with the earth and with each other,
To recreate the human community, to promote justice and peace, to remember our children.
We join with the earth and with each other.
We join together as many and diverse expressions
of one loving mystery, for the healing of the earth and the renewal of all life.

1592 - 1600 From the Trial to the Stake: Giordano's trial lasted almost eight years. The Inquisition initially accused him for his anti-dogmatic ideals, which had already cost him his Dominican habit. As an anti-Trinitarian, the philosopher rejected the virginity of Mary and transubstantiation. His reflections in terms of cosmology, his rejection of geocentrism and his attraction for magic gradually gave rise to an impressive list of accusations. In the end, it was the whole of his freethinking that was challenged. In February 1593, Bruno was incarcerated in the prisons of the Holy Office. The trial dragged on for another two years before the decision was taken to conduct an in-depth study of his works, which were censured and subsequently burned at St Peter's Square. From his cell, Bruno finished writing a statement for his defence and presented his final plea on 20 December 1594 before the Holy Office. The trial was interrupted for six months, during which time Bruno continued to actively defend his theory on infinite worlds, sometimes stating that he was ready to recant, and at other times declaring that he was faithful to his ideas. Cardinal Bellarmin therefore drew up a list of the theories deemed to be heretical, over which Bruno again hesitated before categorically refusing to renounce his doctrine: The eight propositions that the philosopher refused to renounce were as follows:

1 - The statement of "two real and eternal principles of existence: the soul of the world and the original matter from which beings are derived".
2 - The doctrine of the infinite universe and infinite worlds in conflict with the idea of Creation: "He who denies the infinite effect denies the infinite power".
3 - The idea that every reality resides in the eternal and infinite soul of the world, including the body: "There is no reality that is not accompanied by a spirit and an intelligence".
4 - The argument according to which "there is no transformation in the substance", since the substance is eternal and generates nothing, but transforms.
5 - The idea of terrestrial movement, which according to Bruno, did not oppose the Holy Scriptures, which were popularised for the faithful and did not apply to scientists.
6 - The designation of stars as "messengers and interpreters of the ways of God".
7 - The allocation of a "both sensory and intellectual" soul to earth.
8 - The opposition to the doctrine of St Thomas on the soul, the spiritual reality held captive in the body and not considered as the form of the human body.

None of these final accusations tied in with the philosopher's magic reflections. Nevertheless, the Inquisition accused him of having turned towards hermetism and the arcane, branding him a sorcerer for having written in On Heroic Frenzies that "Magi can accomplish more using the faith than doctors using the ways of liberty" and for recognising magic as beneficial and lawful. Whatever the case, on 20 January 1600, Pope Clement VIII declared that the accused was "an unrepentant heretic, tenacious and stubborn". Taken to the secular arm, Cardinal Madrucci pronounced the sentence on 8 February. Giordano Bruno was burnt at the stake in Campo dei Fiori in Rome around 10 days later. Defiant to the very end, Bruno looked away from the crucifix before perishing in the flames. Source: http://www.bruno-giordano.net/bio.html

On 20 January 1600, Pope Clement VIII declared Bruno a heretic and the Inquisition issued a sentence of death. According to the correspondence of Gaspar Schopp of Breslau, he is said to have made a threatening gesture towards his judges and to have replied: "Maiori forsan cum timore sententiam in me fertis quam ego accipiam - It is with far greater fear that you pronounce, than I receive, this sentence." Giordano Bruno 1548-1600
The basis of any real morality must be the sense of Kinship between all living things. Henry Salt 1851 - 1939

No strangers are you to the Earth; nor is the Earth to you a stepmother. Mikhail Naimy

- To win the battle for the planet, we must identify the enemy and choose the appropriate weapon. The enemy is the religion of growth economics, that form of mammon worship, bred in the West out of the rape of the earth, that came with the Industrial Revolution.
  
  Jannaway Kathleen - The Movement for Compassionate Living

- Flowing with milk and honey are the udders of the Earth. Why do you let both sour with your greed by taking of them more than you need? . . . . - A perfect unit is the Earth. Why do you persist in disremembering her with swords and boundary-marks? Mikhail Naimy
  
  - The creative agent, God or Gaia, is inherent in all life and creation is a continuous process.

I am of the earth earthy. Mahatma Gandhi

www.warmingforseamen.info Geoffrey Yates
1. Thich Hhat Hanh - 1AR; 2AH; → EACH SECOND OF LIFE IS A MIRACLE.  
2. Buddha - 3AZ; 4AT; 2IU; → HAVE COMPASSION FOR ALL BEINGS, LOVE AND COMPASSION.
3. Ian Ramsey - 5AU; 1MP,Z; 5SU; 6AO; → IT HAS BECOME CLEAR TO ME THAT WE WORLD.
4. Baha'u'llah - 7AU; → THE EARTH IS BUT ONE COUNTRY.
5. Mahatma Gandhi - 6PY; 8AW; → THE EARTH PROVIDES ENOUGH FOR.
6. Robert Muller School - 9AW; 10AS; 6DH; → MOST GOVERNMENTS STILL BELIEVE THAT THEIR POWER AND SOVEREIGNTY ARE MORE.
7. J. Krishnamurti - 4UZ; 11AY; → LOVE IS OF THE WHOLE EARTH AND.
8. Fate of the earth conference, USA, 1984 - 12AU; 13AW; 14AQ; → "WHAT NUCLEAR WAR COULD DO IN 50 TO 150 MINUTES, AN EXPLODING POPULATION ASSAULTING.
9. Toronto Conference on the atmosphere, 1988 - 15AY; 16AV; → " HUMANITY IS CONDUCTING AN ENORMOUS, UNINTENDED, GLOBALLY PERVERSIVE EXPERIMENT WHOSE ULTIMATE.
10. Chief Seattle - 17AG; 6AH; 17AQ,QZ; 4YZ; 6AH; → TEACH YOUR CHILDREN WHAT WE HAVE TAUGHT OUR CHILDREN - THAT THE EARTH IS OUR MOTHER. WHATEVER.
11. Dandamis - 18AZ; → THE EARTH SUPPLIES ME WITH EVERYTHING, EVEN.
12. Leo Tolstoy - 19AJ,AC,KQ,IJ,AC,RV; 20AM, → IT IS THE LIGHT OF SYMBOLISM THAT SHALL OUTSHINE.
13. Dermot Sreenan - 20NW; 6AH, 21AN; → THE SIN OF PROPERTY WE DO DISDAIN, NO MAN HAS ANY RIGHT TO.
14. Wendell Berry - 6AH; 22AW; →
15. Joseph Wood Kautch - 21OW; 19WZ; 23AT; → IF WE DO NOT PERMIT THE EARTH TO PRODUCE BEAUTY AND JOY, IT
16. Robert Muller School - 24AZ, 10NS; → MOST BUSINESS STILL BELIEVES THAT PROFITS AND WEALTH ARE MORE IMPORTANT THAN THE.
17. Hopi elders - 18DI; 6DH; 25AR; 14RZ, 25SW+26WZ; 16WZ; → WE PRAY THE GREAT SPRIT THAT ONE DAY OUR.
18. Tom Brown, Jr. - THE QUEST - 27JZ; 28AW; 29AY; → THE EARTH CAN NO LONGER BE HEALED ON A PHYSICAL LEVEL. ONLY A
19. Ian Ramsey - 18FH,DI; 26AV; 27AI; → WE ARE LIVING AND LOVING THE EARTH, WE ARE

You are Earth alive, you are a free, immensely powerful source of life and goodness. Affirm it spread it! radiate it! We, the Peoples, have decided to take matters into our own hands to save our beautiful celestial home and ourselves, our children and our children’s children in it. 
MESSAGE FROM ROBERT MULLER SCHOOL - - - - - All causes are lost causes if we do not save planet earth from sinking in the ocean of greed and misguided selfishness. K. Jannaway We are beginning to view the life of all beings on the earth as a human responsibility to be loved and cared for, rather than as a resource to be exploited solely for our own use. Corrine McLaughlin - Gordon Davidson - SPIRITUAL POLITICS-Changing the World from the Inside Out
In one drop of water are found all the secrets of all the oceans; in one aspect of You are found all the aspects of existence. Kahlil Gibran

Water is the most versatile of all elements. It isn't afraid to burn in fire or fade into the sky, it doesn't hesitate to shatter against sharp rocks in rainfall or drown into the dark shroud of the earth. It exists beyond all beginnings and ends. On the surface nothing will shift, but deep in underground silence, water will hide and with soft fingers coax a new channel for itself, until stone gives in and slowly settles around the secret space. Death is water's close companion, and neither of them can be separated from us, for we are made of the versatility of water and the closeness of death. Water doesn't belong to us, be we belong to water: when it has passed through our fingers and pores and bodies, nothing separates us from earth.

Dr. Emoto says, have identical reactions to hundreds of thousands of people throughout Europe and the United States, has a semblance of simplicity to it: Unless we treat our world with love, gratitude and respect, the world will continue to be deformed by pollution, chemicals, excessive noise and man-made destructions. Since water makes up our bodies and souls, when we do not treat it with love and gratitude, Dr. Emoto writes, "The number of people suffering from physical illnesses will not decline." Words are an expression of the soul. Water reflects our soul. When we are filled with and exude anger and frustration, the water inside us brings us sorrow and pain. Water in large freezers reacts the same way when that anger and frustration are turned against it, sending us a clear message that by not turning into beautiful pieces of shining crystals, the water is not accepting the manner in which we treat it. People, Dr. Emoto says, have identical reactions.

All is born of water and upheld by water too! Johann Goethe

It seems that good water shows beautiful water crystals, while bad water does not show any crystal at all. Water can be changed by music, images, words and prayers. • Water likes LOVE & GRATITUDE. Masaru Emoto - internationalwaterforlifefoundation.org

www.warningforseamen.info
To understand water is to understand the cosmos, the marvels of nature, and life itself. Masaru Emoto - THE HIDDEN MESSAGE OF WATER

Individually, we are one drop. Together, we are an ocean. Ryunosuke Satoro

1. Leonardo da Vinci - 1AY; 2AF; → WATER IS THE DRIVING FORCE IN NATURE.
2. Hermann Hesse - SIDDHARTH - 2GT; 1Z; 2GP, UZ; 1Z; 2GP; 3AR; → THEY BOTH LISTENED SILENTLY TO THE WATER, WHICH TO THEM WAS NOT JUST WATER, BUT
3. St. Francis of Assisi - 4AI; 1AE; → PRAISED BE MY LORD, FOR
4. Genesis 1.2 - 4JR, JL, SY; → THE SPIRIT OF GOD MOVED UPON
5. Lorren Eisolley - 5AP; → IF THERE IS MAGIC ON THIS PLANET, IT IS
6. Dr. Fereydoon Batmanghiedj - 6AV; 4QR, JL; 5QZ; → IT IS CHRONIC WATER SHORTAGE IN THE BODY
7. Brigham Young - JOURNAL OF DISCOURSES - 7AU, Z; 8AB; 7KP, WW, MN+E, QU; 8CL; → IT IS DIFFICULT TO FIND ANYTHING MORE HEALTHY TO DRINK THAN GOOD COLD WATER, SUCH AS FLOWS DOWN TO US FROM SPRINGS AND SNOWS OF OUR MOUNTAINS. THIS IS THE
8. Suzy Kassem - Rise Up and Salute the Sun: The Writings of Suzy Kassem - 8MW; 4JL, SW, Z; 8PZ, E, G; 7Z; 1AJ; 9AH; → LET TRUTH BE TOLD. THE MORE WE ALLOW WATER TO BE CONTROLLED, BOTTLED AND SOLD - THE MORE WE SELL THE SECURITY OF OUR SONS, DAUGHTERS AND SOULS. HE
9. Raymond Carver - 10AV; 9IP; 10AF; → THE PLACES WHERE WATER COMES TOGETHER WITH OTHER WATER. THOSE
10. Mehmet Murat ildan - 11AW; 3TZ; → WATER IS THE MOST PERFECT TRAVELLER BECAUSE WHEN IT
11. Sanober Khan - 12AZ; → DO NOT TURN ME INTO RESTLESS WATERS IF YOU
12. Bruce Lee - 13AI; 9IL; 5LP; 7Z, VW; 1AE, Z; 9QY; → EMPTY YOUR MIND, BE FORMLESS,
13. Deborah Smith - 13JZ; 14AQ; → WE ARE ALL BODIES OF WATER, GUARDING THE MYSTERY OF OUR DEPTHS, BUT
14. Viktor Schauberger - 15AS; → IF THE FOREST DIES, THEN
15. William Wordsworth - 14RZ; 16AR; 17AL; → A LAKE CARRIES YOU INTO
16. Pindar - 18AZ; 1AE; →
17. Lao Tse - 17MW; 19AR, Z, SW; 20AW; → THE HIGHEST EXCELLENCE IS LIKE (THAT OF) WATER. THE EXCELLENCE OF WATER APPEARS IN ITS BENEFITING ALL THINGS, AND IN ITS OCCUPYING, WITHOUT STRIVING (TO THE CONTRARY), THE LOW PLACE

For there to be harmony and peace, everything must be balanced. And for there to be balance, there must be equality. And where there is equality, there will be justice. And where justice is honored and preserved, there will always be truth. Eliminate the concept of division by class, skills, race, income, and nationality. We are all equals with a common pulse to survive. Every human requires food and water. Every human has a dream and desire to be happy. Every human responds to love, suffering and pain. Every human bleeds the same color and occupies the same world. Let us recognize that we are all part of each other. We are all human. We are all one.

Suzy Kassem - RISE UP AND SALUTE THE SUN: THE WRITINGS OF SUZY KASSEM

How do you hope to draw clean water from a well wherein you dump incessantly all kinds of rubbish and of mud? How shall the waters in the pool ever be clear and still if you disturb them every moment? Mikhail Naimy 1889-1998 THE BOOK OF MIRDAD

www.warningforseamen.info
Water is the issue most crucial to all life on Earth. Water is the life-blood of our planet, the life-giving fluid in all organisms, plants, animals and human beings alike, flowing as sap, lymph or blood; our very existence is therefore intimately connected with the quality of water available to us. It is vital for our own lives and those of our children that we should become seriously concerned not only for the health, vitality and quality of the water we drink, but also for its original source and the treatment it receives. Apart from our own consumption of it, this same water is also used to grow everything we eat. If we want to live in health and happiness, then the living entity — water — should be highly revered and the most sensitive care taken of it.

In the previous chapter we briefly mentioned the harmful effects of chlorination, but we need to examine the process and its ramifications more fully. Today the drinking water supplied to almost all the inhabitants of so-called civilised countries is chlorinated and sometimes even fluoridated. The purpose of this treatment is to sterilise the water, to free it of all noxious micro-organisms and pathogenic bacteria. Present methods of water treatment and reticulation kill water, however, and bad water or wrongly treated water debilitates, degrades, degenerates and ultimately destroys those organisms constantly forced to drink it. Science, however, completely overlooks the fact that water - as life-carrier - is itself alive and needs to be kept in this condition if it is to fulfill its naturally ordained function for, as Viktor Schauberger has stated:

*Science views the blood-building and character-influencing UR-ORGANISM - ‘WATER’ merely as a chemical compound and provides millions of people with a liquid prepared from this point of view, which is everything but healthy water. - - - But what does modern, denaturised civilisation care, as long as it receives a suitably hygienised, clear liquid with which to shower, wash its dishes, clothes and cars? Once down the plug-hole, in company with all manner of toxic chemicals and detergents, all is comfortably out of sight and out of mind. As proof of the efficacy of current disinfective practices and to justify their continuance, officialdom usually points out that such water-borne diseases as cholera and typhoid are virtually unknown in all countries where the water is chlorinated. Thus reassured, the broad mass of the population blithely continues to bask in the luxury of apparently disease-free water in complete ignorance of the perils arising from its constant consumption, for what is never stated in official explanations is the cumulative effect this treatment of water has on the organisms forced to drink it. What people do not know is that, although the chlorination of drinking and household water-supplies ostensibly disinfects it and removes the threat of water-borne diseases, it does so to the detriment of the consumer. In its function as water steriliser or disinfectant, chlorine eradicates all types of bacteria, beneficial and harmful alike, so that what arrives at the tap or faucet, while indeed free of every possible organism, is water that has been sterilised to death; in other words, a water-corpsel. More importantly and more alarmingly, however, it also disinfects the blood (up to 90% water) or sap (ditto) and in doing so kills off or seriously weakens many of the immunity-enhancing micro-organisms living in the body of those organisms that continuously consume it. This eventually impairs their immune systems to such a degree that they are no longer able to eject viruses, germs and cancer cells, to which the respective host-bodies ultimately fall victim.

We therefore actually sterilise our blood when we drink chlorinated water, thereby readying ourselves for the onset of disease. Of late there has been an alarming increase, not only in hitherto unknown diseases, but in all forms of sickness, cancer in particular. Even the appearance of other lethal afflictions such as AIDS would have come as no surprise to Viktor Schauberger, for apart from the other inevitable disturbances to the ecology and the environment occasioned by humanity’s unthinking activities, as early as 1933 he foresaw all these unwholesome developments as the legitimate and inevitable consequence of the mistreatment and artificial pollution of water with chemical additives. Just imagine what effect the constant drinking of dead or diseased water has on the blood and all the vital organs of the body. Callum Coats – LIVING ENERGIES - Viktor Schauberger’s brilliant work with natural energy explained

Water, thou hast no taste, no color, no odor; canst not be defined, art relished while ever mysterious. Not necessary to life, but rather life itself, thou fillest us with a gratification that exceeds the delight of the senses. By thy might, there return into us treasures that we had abandoned. By thy grace, there are released in us all the dried-up runnels of our heart. Of the riches that exist in the world, thou art the rarest and also the most delicate - thou so pure within the bowels of the earth! A man may die of thirst lying beside a magnesian spring. He may die within reach of a salt lake. He may die though he hold in his hand a jug of dew, if it be inhabited by evil salts. For thou, water, art a proud divinity, allowing no alteration, no foreignness in thy being. And the joy that thou spreadest is an infinitely simple joy.

Antoine de Saint-Exupéry - WIND, SAND AND STARS
Water does not resist. Water flows. When you plunge your hand into it, all you feel is a caress. Water is not a solid wall, it will not stop you. But water always goes where it wants to go, and nothing in the end can stand against it. Water is patient. Dripping water wears away a stone. Remember that, my child. Remember you are half water. If you can't go through an obstacle, go around it. Water does. Margaret Atwood - THE PENELOPIAD

It is life, I think, to watch the water. A man can learn so many things. Nicholas Sparks, The Notebook

If gold has been prized because it is the most inert element, changeless and incorruptible, water is prized for the opposite reason -- its fluidity, mobility, changeability that make it a necessity and a metaphor for life itself. To value gold over water is to value economy over ecology, that which can be locked up over that which connects all things.

Rebecca Solnit - STORMING THE GATES OF PARADISE: LANDSCAPES FOR POLITICS

Always be like a water. Float in the times of pain or dance like waves along the wind which touches its surface. Santosh Kalwar

Life in us is like the water in a river. Henry David Thoreau

Being under stress is like being stranded in a body of water. If you panic, it will cause you to flail around so that the water rushes into your lungs and creates further distress. Yet, by calmly collecting yourself and using controlled breathing you remain afloat with ease.

Alaric Hutchinson - LIVING PEACE

069:001 - Save me, O God; for the waters are come in unto my soul. 069:002 - I sink in deep mire, where there is no standing: I am come into deep waters, where the floods overflow me. Book 19 : Psalms - Chapter 069

When you sit in silence long enough, you learn that silence has a motion. It glides over you without shape or form, exactly like water. Its color is silver. And silence has a sound you hear only after hours of wading inside it. The sound is soft, like flute notes rising up, like the words of glass speaking. Then there comes a point when you must shatter the blindness of its words, the blindness of its light. Anne Spollen - THE SHAPE OF WATER

And I feel like the Queen of Water. I feel like water that transforms from a flowing river to a tranquil lake to a powerful waterfall to a fresh water spring to a meandering creek to a salty sea to raindrops gentle on your face to hard, stinging hail to frost on a mountaintop, and back to a river again. Maria Virginia Farinango - THE QUEEN OF WATER

There, where water split sin twain,
Life is ere set free, unfolding its domain,
And in emerging from its source,
Water's blessed with vital, living force.
There flock beasts, athirst for flowers,
'midst thrusing boughs and leafy bowers.
"God, Nature and Cosmos“ by J. W. Goethe

And then indeed there shall be new heavens and a new earth.  2 Pet. 3:13 - BIBLE

People today have forgotten they're really just a part of nature. Yet, they destroy the nature on which our lives depend. They always think they can make something better. Especially scientists. They may be smart, but most don't understand the heart of nature. They only invent things that, in the end, make people unhappy. Yet they're so proud of their inventions. What's worse, most people are, too. They view them as if they were miracles. They worship them. They don't know it, but they're losing nature. They don't see that they're going to perish. The most important things for human beings are clean air and clean water. Akira Kurosawa, Yume

I have an immoderate passion for water; for the sea, though so vast, so restless, so beyond one's comprehension; for rivers, beautiful, yet fugitive and elusive; but especially for marshes, teeming with all that mysterious life of the creatures that haunt them. A marsh is a whole world within a world, a different world, with a life of its own, with its own permanent denizens, its passing visitors, its voices, its sounds, its own strange mystery. Guy de Maupassant

Just take my hand, lead, dance with me...and I will simply follow the blueness of the water, the white waves rolling free...where the earth beneath my feet and stars make my heart whole again...in long and priceless moments of shared solitude... Oksana Rus

Dip him in the river who loves water. William Blake - THE MARRIAGE OF HEAVEN AND HELL
There is no water in oxygen, no water in hydrogen: it comes bubbling fresh from the imagination of the living God, rushing from under the great white throne of the glacier. The very thought of it makes one gasp with an elemental joy no metaphysician can analyse. The water itself, that dances, and sings, and slakes the wonderful thirst—symbol and picture of that draught for which the woman of Samaria made her prayer to Jesus—this lovely thing itself, whose very wetness is a delight to every inch of the human body in its embrace—this live thing which, if I might, I would have running through my room, yea, babbling along my table—this water is its own self its own truth, and is therein a truth of God. George MacDonald

LOVE and GRATITUDE - the founding principle of the universe
Kindred Spirit (magazine) Interview - Dr Emoto.indd 13 2/6/2013 3:11:12 PM14 Kindred Spirit

What was it that first awakened your interest in the mystery of water, seeding the epic journey that would become your life’s great work?
When I read a sentence, ‘Snow crystals are letters from Heaven’ in a picture book by Professor Uichiro Nakatani of Hokkaido University, a world-famous researcher of snow crystals in 1994, the idea flashed into my head, ‘Snow is water. Surely if you froze water you would get crystals like snow?’

What was your first indication that water is receptive to Hado (sounds, thoughts, words and pictures)?
Since discovering a Hado Resonance analyser called MRA in the US in 1987, I have succeeded in helping many people suffering from cancers or other incurable diseases by making Hado water in which Hado information was imprinted by using MRA. I started producing water that has the ability to correct imbalances in the self by imprinting specific healing vibration using the MRA. In the beginning I was treating people directly, meeting the patients. Then, with experience, I realised that even if the person was not there I could measure their Hado by using their hair or a photograph. With this technique, I have treated many people long distance. Because of this experience, I found out that water can feel and store the information of pictures, words, musings and even human consciousness.

Can you describe Hado/vibration and some of the key experiments you did with water and their findings? - - - Water always makes beautiful crystals if positive words are shown or heard. Water always makes beautiful crystals if positive pictures or music are shown or heard. Water always makes beautiful crystals if (left to right): Dr Emoto; Before the prayer at Fujiwara Dam; After the prayer at Fujiwara Dam; positive human consciousness or prayers are shown.

What process do you use to create the crystals pictured in your books?
Water changes rapidly and is unstable. We drop one sample of water to be tested on 100 Petri dishes and place them in a freezer for three hours at the temperature of minus 25-minus 30°C. We take the crystals out and put them under the microscope to be photographed at magnifications of 200–500 times. Photographs are taken inside a refrigeration room set at 15°C. Some scientists have criticised your research methods citing insufficient experimental controls to validate your findings and make them conclusive.

What is your response to such claims?
Until now, not even one scientist has visited my laboratory directly asking how to photograph or select the crystal photographs. Not even one scientist called or wrote a letter or emailed me directly. In our laboratory we have been storing all the negatives from the beginning and the data is huge. And there are no secrets. I can show them to anyone. But no one has asked me directly how and why. So why do they criticise me when they don’t know anything about me or my technology? My job is to choose photographs to publish and share in my books and seminars. Water crystals vibrate at a very delicate elementary particle level. I believe a person like me who has an average sensitivity and a parental affection is suitable to do such a work. Especially in a world in which these kinds of mean scientists are living, it is very important. Of course if in the future, many people come to understand this technology then it would be a different story, but for now, to protect my child (water crystal photographing technology), it is very important to keep this direction.

Your experiments with rice – as a substitute for water – showed that ignoring the rice was more damaging to it than saying harmful words. What important lesson does this teach us?
I think this proves that no living thing can live by itself. Even if negative information (energy) was given, it is much better than if no energy were given at all.

The human body is 70 per cent water – does this mean that whatever your experiments show about water can also be applied to humans?
Yes indeed. That is the reason why I am doing this research with all my heart. For example, humans tend to forget things when they get older. In modern science, the reason for this is unknown. What scientists do know is that the amount of water in the body reduces as a human gets older. If you consider that water has ‘memory’, the reason for this phenomenon (people tend to forget things) can be understood. People forget things more when they get older because there is less water in the brain. The most beautiful crystals were formed by being exposed to the words ‘Love and Gratitude’. 
‘Gratitude’, the more passive energy of the two, proved to be more powerful. Why does the passive energy have greater strength in the natural world than the active energy of ‘Love’?

God created two basic energies to design Earth. The giving energy (yang) is ‘love’ and the passive energy (yin) is ‘gratitude’. Nothing can be created if there are not two poles. The heaven (God) is yang, a place of love, the earth (where life exists) is yin, the place of gratitude. Moreover, to make the relationship and places eternal, God covered the earth with water. Although the molecular formula of water is H2O, the reason why an oxygen and two hydrogen gathered together to become water is not understood at all by modern science. Consider the reason as follows: I think that oxygen was assigned as the energy of love and hydrogen was assigned as the energy of gratitude. This is the reason why the photograph of Love and Gratitude (main photo, page 12) is the most beautiful.

What are the other key lessons that the water crystals tell us from your experiments? How can water help us resolve the suffering in the world?

I believe that only God can tell us if the water crystal is beautiful or not. If a person lost his/her way, the person should ask water for an answer. Water knows the answer. This is the reason why we need to study water. 

--- Why are water crystals from tap water invariably badly formed?

Tap water has germicides to kill bacteria. I think there is no such word as ‘Killing’ in God’s dictionary.

You say in the introduction to your book The Hidden Messages in Water that the more you understand water, the more difficult it is to deny the existence of God – can you explain why this is?

I was just an ordinary person until the age of 45. I didn’t have any interest or knowledge in science or religion or the mental world. Why did I become so internationally famous, giving lectures all over the world? Everything started when I happened to be attracted to ‘water’, wanting to know the mystique of ‘water’ and think hard about ‘water’. Water gave me the answer: Water gave me ideas. Yes, water is a messenger from God.

You have said that water is extraterrestrial - so where does it come from and how did it come to the earth containing the programme needed for the development of life? 

- - - This question is the same question as ‘Where do we come from?’ I think the mother earth where we live is a University. Therefore what we have to do first is to graduate from this University. Then we can go into another University of a different level. Then we come close to getting this answer. We don’t have to be in such a hurry. We have eternal time. But for that we have to keep this earth as a ‘living’ star. For that we have to understand the true meaning of ‘Love and Gratitude’ and pass the right information on to our followers.

You have said that water contains a memory of everything in the universe, including its entire history - could it be possible for humans to access this memory, and if so, how?

Yes it is possible. But we get answers one by one. We should not be wanting too much. The farthest way about is the nearest way home. We first have to learn about water, and what life is, and to understand what information is.

Following the UN’s Declaration of Water for Life Decade for 2005 - 2015 urging world citizens to learn all about water, you founded the Emoto Peace Project to help create world peace by educating the truth of water to children. As part of this project, you have written a children’s book, The Message of Water, to show the necessity of protecting water and to share water’s message of hope and empowerment. You've pledged to distribute copies of this book free to 650 million children around the world. How many children have been reached to date? And how has the response been to this and your other books for children?

I don’t know the exact numbers of these books that have been spread in the world but it is getting more and more. We know that the books have been delivered to children in more than 30 countries, translated in different languages. People can download the book from my website freely, so if we include that number, it would be a lot.

You have done various experiments revealing the power of prayer to purify water and affect better water crystals. Following the earthquake at Fukushima in Japan on 11 March 2011, you rallied 45,000 people worldwide to send healing prayers to the water around the nuclear plant. You photographed water crystals before and after of Tokyo tap water – what did the results show?

Even though the radioactive problem is still bad, the water crystals of Tokyo are not getting much worse. I think the consciousness of people in the world towards water is getting higher. There are still people praying for Fukushima water every 11th of the month. I hope people keep praying for them.

Your mission is to purify the world’s water and create a world that’s healthy to live in – how can we take personal responsibility to help this happen?

--- - What I tell people – and I think it’s very important people do this every time they have the chance to connect with water – is to face the water, and say: Water, I am sorry.

Water, forgive me.

Water, I thank you.

Water, I love you.

This prayer will make the earth a more beautiful place to live.

Find out more - www.masaru-emoto.net and www.emoto-peace-project.com
The water you kids were playing in, he said, had probably been to Africa and the North Pole. Genghis Khan or Saint Peter or even Jesus may have drunk it. Cleopatra might have bathed in it. Crazy Horse might have watered his pony with it. Sometimes water was liquid. Sometimes it was rock hard - ice. Sometimes it was soft- snow. Sometimes it was visible but weightless - clouds. And sometimes it was completely invisible – vapor - floating up into the the sky like the soals of dead people. There was nothing like water in the world, Jim said. It made the desert bloom but also turned rich bottomland into swamp. Without it we'd die, but it could also kill us, and that was why we loved it, even craved it, but also feared it. Never take water for granted, Jim said. Always cherish it. Always beware of it. Jeannette Walls - HALF BROKE HORSES

For the most appalling quality of water is its strength. I love its flash and gleam, its music, its pliancy and grace, its slap against my body; but I fear its strength. I fear it as my ancestors must have feared the natural forces that they worshipped. All the mysteries are in its movement. It slips out of holes in the earth like the ancient snake. I have seen its birth; and the more I gaze at that sure and inremitting surge of water at the very top of the mountain, the more I am baffled. We make it all so easy, any child in school can understand it – water rises in the hills, it flows and finds its own level, and man can't live without it. Bud I don't understand it. I cannot fathom its power. Nan Shepherd - THE LIVING MOUNTAIN

I found out that water can feel and store the information of pictures, words, musings and even human consciousness. Emoto Masaru

Along roads I have had banyan trees planted so that they can give shade to animals and men, and I have had mango groves planted. At intervals of eight //krosas//, I have had wells dug, rest-houses built, and in various places, I have had watering-places made for the use of animals and men. But these are but minor achievements. Such things to make the people happy have been done by former kings. I have done these things for this purpose, that the people might practice the Dhamma. Pilar Edict No. 7

- THE EDICTS OF KING ASOKA: AN ENGLISH RENDERING by Ven. S. Dhammika

Even if one should carry about his mother on one shoulder and his father on the other, and so doing should live a hundred years; and if he should support them, anointing them with unguents, kneading and rubbing their limbs, and they meanwhile should even void their excrements upon him - even so could he not repay his parents. Moreover, if he should establish his parents in supreme authority, in the absolute rule over this mighty earth abounding in the seven treasures-not even thus could he repay his parents. Why not? Brethren, parents do much for their children; they bring them up, they nourish them, they introduce them to this world. However, brethren, whose incites his unbelieving parents, settles and establishes them in the faith; whoso incites his immoral parents, settles and establishes them in morality; whoso incites his stingy parents, settles and establishes them in liberality; whoso incites his foolish parents, settles and establishes them in wisdom - such a one, just by so doing, does repay, does more than repay what is due to his parents. Buddhism. Anguttara Nikaya I.61

Varuna: A Buddha who controlled the waters and taught Bodhisattvas to meditate on the element of water in order to realize Samadhi. - - Candraprabha: A Bodhisattva who realized enlightenment by means of meditation on the element of water. THE SURANGAMA SUTRA

We are part of the earth and it is part of us. The perfumed flowers are our sisters. The bear, the deer, the great eagle, these are our brothers. The rocky crests, the dew in the meadow, the body heat of the pony, and man all belong to the same family. The shining water that moves in the streams and rivers is not just water, but the blood of our ancestors. If we sell you our land, you must remember that it is sacred. Each glossy reflection in the clear waters of the lakes tells of events and memories in the life of my people. The water's murmur is the voice of my father's father. The rivers are our brothers. They quench our thirst. They carry our canoes and feed our children. So you must give the rivers the kindness that you would give any brother. . . Will you teach your children what we have taught our children? That the earth is our mother? What befalls the earth befalls all the sons of the earth. This we know: the earth does not belong to man, man belongs to the earth. Chief Seattle 1786-1866

When the day began, Siddhartha asked his host, the ferryman, to get him across the river. The ferryman got him across the river on his bamboo-raft, the wide water shimmered reddishly in the light of the morning. "This is a beautiful river," he said to his companion. "Yes," said the ferryman, "a very beautiful river, I love it more than anything. Often I have listened to it, often I have looked into its eyes, and always I have learned from it. Much can be learned from a river." "I thank you, my benefactor," spoke Siddhartha, disembarking on the other side of the river. "I have no gift I could give you for your hospitality, my dear, and also no payment for
your work. I am a man without a home, a son of a Brahman and a Samana."
"I did see it," spoke the ferryman, "and I haven't expected any payment from you and no gift
which would be the custom for guests to bear. You will give me the gift another time."
"Do you think so?" asked Siddhartha amusedly.
"Surely. This too, I have learned from the river: everything is coming back! You too, Samana, will
come back. Now farewell! Let your friendship be my reward. Commemorate me, when you'll make
offerings to the gods."

(. . . . . ) Siddhartha reached the large river in the forest, the same river over which a long time
ago, when he had still been a young man and came from the town of Gotama, a ferryman had
conducted him. By this river he stopped, hesitantly he stood at the bank. Tiredness and hunger
had weakened him, and whatever for should he walk on, wherever to, to which goal? No, there
were no more goals, there was nothing left but the deep, painful yearning to shake off this whole
desolate dream, to spit out this stale wine, to put an end to this miserable and shameful life.
A hang bent over the bank of the river, a coconut-tree; Siddhartha leaned against its trunk with
his shoulder, embraced the trunk with one arm, and looked down into the green water, which ran
and ran under him, looked down and found himself to be entirely filled with the wish to let go and
to drown in these waters. A frightening emptiness was reflected back at him by the water,
answering to the terrible emptiness in his soul. Yes, he had reached the end. There was nothing
left for him, except to annihilate himself, except to smash the failure into which he had shaped
his life, to throw it away, before the feet of mockingly laughing gods. This was the great vomiting
he had longed for: death, the smashing to bits of the form he hated! Let him be food for fishes,
this dog Siddhartha, this lunatic, this depraved and rotten body, this weakened and abused soul!
Let him be food for fishes and crocodiles, let him be chopped to bits by the daemons!
With a distorted face, he stared into the water, saw the reflection of his face and spit at it. In deep
tiredness, he took his arm away from the trunk of the tree and turned a bit, in order to let himself
fall straight down, in order to finally drown. With his eyes closed, he slipped towards death.
Then, out of remote areas of his soul, out of past times of his now weary life, a sound stirred up.
It was a word, a syllable, which he, without thinking, with a slurred voice, spoke to himself, the
old word which is the beginning and the end of all prayers of the Brahmans, the holy "Om",
which roughly means "that what is perfect" or "the completion". And in the moment when the
sound of "Om" touched Siddhartha's ear, his dormant spirit suddenly woke up and realized the
foolishness of his actions.
Siddhartha was deeply shocked. So this was how things were with him, so doomed was he, so
much he had lost his way and was forsaken by all knowledge, that he had been able to seek
death, that this wish, this wish of a child, had been able to grow in him: to find rest by
annihilating his body! What all agony of these recent times, all sobering realizations, all
desperation had not brought about, this was brought on by this moment, when the Om entered
his consciousness: he became aware of himself in his misery and in his error.
Om! he spoke to himself: Om! and again he knew about Brahman, knew about the
indestructibility of life, knew about all that is divine, which he had forgotten.
But this was only a moment, flash. By the foot of the coconut-tree, Siddhartha collapsed, struck
down by tiredness, mumbling Om, placed his head on the root of the tree and fell into a deep
sleep.
(. . . . . ) Cheerfully, he looked into the rushing river, never before he had liked a water so well as
this one, never before he had perceived the voice and the parable of the moving water thus
strongly and beautifully. It seemed to him, as if the river had something special to tell him,
something he did not know yet, which was still awaiting him. In this river, Siddhartha had
intended to drown himself, in it the old, tired, desperate Siddhartha had drowned today. But the
new Siddhartha felt a deep love for this rushing water, and decided for himself, not to leave it
very soon. (. . . . . ) By this river I want to stay, thought Siddhartha, it is the same which I have
crossed a long time ago on my way to the childlike people, a friendly ferryman had guided me
then, he is the one I want to go to, starting out from his hut, my path had led me at that time into
a new life, which had now grown old and is dead - my present path, my present new life, shall
also take its start there! Tenderly, he looked into the rushing water, into the transparent green,
into the crystal lines of its drawing, so rich in secrets. Bright pearls he saw rising from the deep,
quiet bubbles of air floating on the reflecting surface, the blue of the sky being depicted in it.
With a thousand eyes, the river looked at him, with green ones, with white ones, with crystal
ones, with sky-blue ones. How did he love this water, how did it delight him, how grateful was he
to it! In his heart he heard the voice talking, which was newly awakening, and it told him: Love this
water! Stay near it! Learn from it! Oh yes, he wanted to learn from it, he wanted to listen to it. He
who would understand this water and its secrets, so it seemed to him, would also understand many other things, many secrets, all secrets. But out of all secrets of the river, he today only saw one, this one touched his soul. He saw: this water ran and ran, incessantly it ran, and was nevertheless always there, was always at all times the same and yet new in every moment! Great be he who would grasp this, understand this! He understood and grasped it not, only felt some idea of it stirring, a distant memory, divine voices. Siddhartha rose, the workings of hunger in his body became unbearable. In a daze he walked on, up the path by the bank, upriver, listened to the current, listened to the rumbling hunger in his body.

When he reached the ferry, the boat was just ready, and the same ferryman who had once transported the young Samana across the river, stood in the boat, Siddhartha recognised him, he had also aged very much.

"Would you like to ferry me over?" he asked. The ferryman, being astonished to see such an elegant man walking along and on foot, took him into his boat and pushed it off the bank.

"It's a beautiful life you have chosen for yourself," the passenger spoke. "It must be beautiful to live by this water every day and to cruise on it."

With a smile, the man at the oar moved from side to side: "It is beautiful, sir, it is as you say. But isn't every life, isn't every work beautiful?"

"This may be true. But I envy you for yours."

"Ah, you would soon stop enjoying it. This is nothing for people wearing fine clothes."

Siddhartha laughed. "Once before, I have been looked upon today because of my clothes, I have been looked upon with distrust. Wouldn't you, ferryman, like to accept these clothes, which are a nuisance to me, from me? For you must know, I have no money to pay your fare."

"You're joking, sir," the ferryman laughed.

"I'm not joking, friend. Behold, once before you have ferried me across this water in your boat for the immaterial reward of a good deed. Thus, do it today as well, and accept my clothes for it."

"And do you, sir, intent to continue travelling without clothes?"

"Ah, most of all I wouldn't want to continue travelling at all. Most of all I would like you, ferryman, to give me an old loincloth and kept me with you as your assistant, or rather as your trainee, for I'll have to learn first how to handle the boat."

For a long time, the ferryman looked at the stranger, searching.

"Now I recognise you," he finally said. "At one time, you've slept in my hut, this was a long time ago, possibly more than twenty years ago, and you've been ferried across the river by me, and we parted like good friends. Haven't you've been a Samana? I can't think of your name any more."

"My name is Siddhartha, and I was a Samana, when you've last seen me."

"So be welcome, Siddhartha. My name is Vasudeva. You will, so I hope, be my guest today as well and sleep in my hut, and tell me, where you're coming from and why these beautiful clothes are such a nuisance to you."

They had reached the middle of the river, and Vasudeva pushed the oar with more strength, in order to overcome the current. He worked calmly, his eyes fixed in on the front of the boat, with brawny arms. Siddhartha sat and watched him, and remembered, how once before, on that last day of his time as a Samana, love for this man had stirred in his heart. Gratefully, he accepted Vasudeva's invitation. When they had reached the bank, he helped him to tie the boat to the stakes; after this, the ferryman asked him to enter the hut, offered him bread and water, and Siddhartha ate with eager pleasure, and also ate with eager pleasure of the mango fruits, Vasudeva offered him.

Afterwards, it was almost the time of the sunset, they sat on a log by the bank, and Siddhartha told the ferryman about where he originally came from and about his life, as he had seen it before his eyes today, in that hour of despair. Until late at night, lasted his tale.

Vasudeva listened with great attention. Listening carefully, he let everything enter his mind, birthplace and childhood, all that learning, all that searching, all joy, all distress. This was among the ferryman's virtues one of the greatest: like only a few, he knew how to listen. Without him having spoken a word, the speaker sensed how Vasudeva let his words enter his mind, quiet, open, waiting, how he did not lose a single one, awaited not a single one with impatience, did not add his praise or rebuke, was just listening. Siddhartha felt, what a happy fortune it is, to confess to such a listener, to bury in his heart his own life, his own search, his own suffering.

But in the end of Siddhartha's tale, when he spoke of the tree by the river, and of his deep fall, of the holy Om, and how he had felt such a love for the river after his slumber, the ferryman listened with twice the attention, entirely and completely absorbed by it, with his eyes closed.

But when Siddhartha fell silent, and a long silence had occurred, then Vasudeva said: "It is as I thought. The river has spoken to you. It is your friend as well, it speaks to you as well. That is good, that is very good. Stay with me, Siddhartha, my friend. I used to have a wife, her bed was next to mine, but she has died a long time ago, for a long time, I have lived alone. Now, you shall
live with me, there is space and food for both."

"I thank you," said Siddhartha, "I thank you and accept. And I also thank you for this, Vasudeva, for listening to me so well! These people are rare who know how to listen. And I did not meet a single one who knew it as well as you did. I will also learn in this respect from you."

"You will learn it," spoke Vasudeva, "but not from me. The river has taught me to listen, from it you will learn it as well. It knows everything, the river, everything can be learned from it. See, you've already learned this from the water too, that it is good to strive downwards, to sink, to seek depth.

The rich and elegant Siddhartha is becoming an oarsman's servant, the learned Brahman Siddhartha becomes a ferryman: this has also been told to you by the river. You'll learn that other thing from it as well."

Quoth Siddhartha after a long pause: "What other thing, Vasudeva?"

Vasudeva rose. "It is late," he said, "let's go to sleep. I can't tell you that other thing, oh friend. You'll learn it, or perhaps you know it already. See, I'm no learned man, I have no special skill in speaking, I also have no special skill in thinking. All I'm able to do is to listen and to be godly, I have learned nothing else. If I was able to say and teach it, I might be a wise man, but like this I am only a ferryman, and it is my task to ferry people across the river. I have transported many, thousands; and to all of them, my river has been nothing but an obstacle on their travels. They travelled to seek money and business, and for weddings, and on pilgrimages, and the river was obstructing their path, and the ferryman's job was to get them quickly across that obstacle. But for some among thousands, a few, four or five, the river has stopped being an obstacle, they have heard its voice, they have listened to it, and the river has become sacred to them, as it has become sacred to me. Let's rest now, Siddhartha."

Siddhartha stayed with the ferryman and learned to operate the boat, and when there was nothing to do at the ferry, he worked with Vasudeva in the rice-field, gathered wood, plucked the fruit off the banana-trees. He learned to build an oar, and learned to mend the boat, and to weave baskets, and was joyful because of everything he learned, and the days and months passed quickly. But more than Vasudeva could teach him, he was taught by the river. Incessantly, he learned from it. Most of all, he learned from it to listen, to pay close attention with a quiet heart, with a waiting, opened soul, without passion, without a wish, without judgement, without an opinion.

In a friendly manner, he lived side by side with Vasudeva, and occasionally they exchanged some words, few and at length thought about words. Vasudeva was no friend of words; rarely, Siddhartha succeeded in persuading him to speak.

"Did you," so he asked him at one time, "did you too learn that secret from the river: that there is no time?" Vasudeva's face was filled with a bright smile.

"Yes, Siddhartha," he spoke. "It is this what you mean, isn't it: that the river is everywhere at once, at the source and at the mouth, at the waterfall, at the ferry, at the rapids, in the sea, in the mountains, everywhere at once, and that there is only the present time for it, not the shadow of the past, not the shadow of the future?" "This it is," said Siddhartha. "And when I had learned it, I looked at my life, and it was also a river, and the boy Siddhartha was only separated from the man Siddhartha and from the old man Siddhartha by a shadow, not by something real. Also, Siddhartha's previous births were no past, and his death and his return to Brahma was no future. Nothing was, nothing will be; everything is, everything has existence and is present."

Siddhartha spoke with ecstasy; deeply, this enlightenment had delighted him. Oh, was not all suffering time, were not all forms of tormenting oneself and being afraid time, was not everything hard, everything hostile in the world gone and overcome as soon as one had overcome time, as soon as time would have been put out of existence by one's thoughts? In ecstatic delight, he had spoken, but Vasudeva smiled at him brightly and nodded in confirmation; silently he nodded, brushed his hand over Siddhartha's shoulder, turned back to his work.

And once again, when the river had just increased its flow in the rainy season and made a powerful noise, then said Siddhartha: "Isn't it so, oh friend, the river has many voices, very many voices? Hasn't it the voice of a king, and of a warrior, and of a bull, and of a bird of the night, and of a woman giving birth, and of a sighing man, and a thousand other voices more?" "So it is," Vasudeva nodded, "all voices of the creatures are in its voice."

"And do you know," Siddhartha continued, "what word it speaks, when you succeed in hearing all of its ten thousand voices at once?"

Happily, Vasudeva's face was smiling, he bent over to Siddhartha and spoke the holy Om into his ear. And this had been the very thing which Siddhartha had also been hearing.

And time after time, his smile became more similar to the ferryman's, became almost just as bright, almost just as thoughely glowing with bliss, just as shining out of thousand small wrinkles, just as alike to a child's, just as alike to an old man's. Many travellers, seeing the two ferrymen, thought they were brothers. Often, they sat in the evening together by the bank on the log, said nothing and both listened to the water, which was no water to them, but the voice of life,
the voice of what exists, of what is eternally taking shape. And it happened from time to time that both, when listening to the river, thought of the same things, of a conversation from the day before yesterday, of one of their travellers, the face and fate of whom had occupied their thoughts, of death, of their childhood, and that they both in the same moment, when the river had been saying something good to them, looked at each other, both thinking precisely the same thing, both delighted about the same answer to the same question.

There was something about this ferry and the two ferrymen which was transmitted to others, which many of the travellers felt. It happened occasionally that a traveller, after having looked at the face of one of the ferrymen, started to tell the story of his life, told about pains, confessed evil things, asked for comfort and advice. It happened occasionally that someone asked for permission to stay for a night with them to listen to the river. It also happened that curious people came, who had been told that there were two wise men, or sorcerers, or holy men living by that ferry. The curious people asked many questions, but they got no answers, and they found neither sorcerers nor wise men, they only found two friendly little old men, who seemed to be mute and to have become a bit strange and gaga. And the curious people laughed and were discussing how foolishly and gullibly the common people were spreading such empty rumours.

The years passed by, and nobody counted them. Then, at one time, monks came by on a pilgrimage, followers of Gotama, the Buddha, who were asking to be ferried across the river, and by them the ferrymen were told that they were most hurriedly walking back to their great teacher, for the news had spread the exalted one was deadly sick and would soon die his last human death, in order to become one with the salvation. It was not long, until a new flock of monks came along on their pilgrimage, and another one, and the monks as well as most of the other travellers and people walking through the land spoke of nothing else than of Gotama and his impending death. And as people are flocking from everywhere and from all sides, when they are going to war or to the coronation of a king, and are gathering like ants in droves, thus they flocked, like being drawn on by a magic spell, to where the great Buddha was awaiting his death, where the huge event was to take place and the great perfected one of an era was to become one with the glory. Often, Siddhartha thought in those days of the dying wise man, the great teacher, whose voice had admonished nations and had awoken hundreds of thousands, whose voice he had also once heard, whose holy face he had also once seen with respect. Kindly, he thought of him, saw his path to perfection before his eyes, and remembered with a smile those words which he had once, as a young man, said to him, the exalted one. They had been, so it seemed to him, proud and precious words; with a smile, he remembered them. For a long time he knew that there was nothing standing between Gotama and him any more, though he was still unable to accept his teachings. No, there was no teaching a truly searching person, someone who truly wanted to find, could accept. But he who had found, he could approve of any teachings, every path, every goal, there was nothing standing between him and all the other thousand any more who lived in that what is eternal, who breathed what is divine.

(. . . . . ) For a long time, for long months, Siddhartha waited for his son to understand him, to accept his love, to perhaps reciprocate it. For long months, Vasudeva waited, watching, waited and said nothing. One day, when Siddhartha the younger had once again tormented his father very much with spite and an unsteadiness in his wishes and had broken both of his rice-bowls, Vasudeva took in the evening his friend aside and talked to him."Pardon me." he said, "from a friendly heart, I'm talking to you. I'm seeing that you are tormenting yourself, I'm seeing that you're in grief. Your son, my dear, is worrying you, and he is also worrying me. That you and I have thought of him, in your letters and in your words, I have thought of him, when I have helped him, in my way, to bring him to know the voice of what exists, of what is eternally taking shape. That you and I have thought of him, in your letters and in your words, and that he has thought of you, in his way, to bring himself to know the voice of what exists, of what is eternally taking shape. And as you have ordered your son to do, when listening to the river, thought of the same things, of a conversation from the day before yesterday, of one of their travellers, the face and fate of whom had occupied their thoughts, of death, of their childhood, and that you both in the same moment, when the river had been saying something good to them, looked at each other, both thinking precisely the same thing, both delighted about the same answer to the same question.

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wouldn't force him, wouldn't punish him? Don't you shackle him with your love? Don't you make him feel inferior every day, and don't you make it even harder on him with your kindness and patience? Don't you force him, the arrogant and pampered boy, to live in a hut with two old banana-eaters, to whom even rice is a delicacy, whose thoughts can't be his, whose hearts are old and quiet and beats in a different pace than his? Isn't forced, isn't he punished by all this?"

Troubled, Siddhārtha looked to the ground. Quietly, he asked: "What do you think should I do?"

Quoth Vasudeva: "Bring him into the city, bring him into his mother's house, there'll still be servants around, give him to them. And when there aren't any around any more, bring him to a teacher, not for the teachings' sake, but so that he shall be among other boys, and among girls, and in the world which is his own. Have you never thought of this?"

"You're seeing into my heart," Siddhārtha spoke sadly. "Often, I have thought of this. But look, how shall I put him, who had no tender heart anyhow, into this world? Won't he become exuberant, won't he lose himself to pleasure and power, won't he repeat all of his father's mistakes, won't he perhaps get entirely lost in Sansara?"

Brightly, the ferryman's smile lit up; softly, he touched Siddhārtha's arm and said: "Ask the river about it, my friend! Hear it laugh about it! Would you actually believe that you had committed your foolish acts in order to spare your son from committing them too? And could you in any way protect your son from Sansara? How could you? By means of teachings, prayer, admonition? My dear, have you entirely forgotten that story, that story containing so many lessons, that story about Siddhārtha, a Brahman's son, which you once told me here on this very spot? Who has kept the Samana Siddhārtha safe from Sansara, from sin, from greed, from foolishness? Were his father's religious devotion, his teachers warnings, his own knowledge, his own search able to keep him safe? Which father, which teacher had been able to protect him from living his life for himself, from soiling himself with life, from burdening himself with guilt, from drinking the bitter drink for himself, from finding his path for himself? Would you think, my dear, anybody might perhaps be spared from taking this path? That perhaps your little son would be spared, because you love him, because you would like to keep him from suffering and pain and disappointment? But even if you would die ten times for him, you would not be able to take the slightest part of his destiny upon yourself.

(. . . . . ) For a long time, I've been waiting for this hour; for a long time, I've been Vasudeva the ferryman. Now it's enough. Farewell, hut, farewell, river, farewell, Siddhārtha!" Siddhārtha made a deep bow before him who bid his farewell. "I've known it," he said quietly. "You'll go into the forests?" "I'm going into the forests, I'm going into the oneness," spoke Vasudeva with a bright smile. With a bright smile, he left; Siddhārtha watched him leaving. With deep joy, with deep solemnity he watched him leave, saw his steps full of peace, saw his head full of lustre, saw his body full of light. (. . . . . ) Quoth Siddhārtha: "You know, my dear, that I already as a young man, in those days when we lived with the penitents in the forest, started to distrust teachers and teachings and to turn my back to them. I have stuck with this. Nevertheless, I have had many teachers since then. A beautiful courtesan has been my teacher for a long time, and a rich merchant was my teacher, and some gamblers with dice. Once, even a follower of Buddha, travelling on foot, has been my teacher; he sat with me when I had fallen asleep in the forest, on the pilgrimage. I've also learned from him, I'm also grateful to him, very grateful. But most of all, I have learned here from this river and from my predecessor, the ferryman Vasudeva. He was a very simple person, Vasudeva, he was no thinker, but he knew what is necessary just as well as Gotama, he was a perfect man, a saint.

(. . . . . ) Siddhārtha continued: "A thought, it might be so. I must confess to you, my dear: I don't differentiate much between thoughts and words. To be honest, I also have no high opinion of thoughts. I have a better opinion of things. Here on this ferry-boat, for instance, a man has been my predecessor and teacher, a holy man, who has for many years simply believed in the river, nothing else. He had noticed that the river's spoke to him, he learned from it, it educated and taught him, the river seemed to be a god to him, for many years he did not know that every wind, every cloud, every bird, every beetle was just as divine and knows just as much and can teach just as much as the worshipped river. But when this holy man went into the forests, he knew everything, knew more than you and me, without teachers, without books, only because he had believed in the river." Herman Hesse - SIDDHARTHA

My greatest wealth is the deep stillness in which I strive and grow and win what the world cannot take from me with fire or sword. Johann Wolfgang Von Goethe

When all the trees have been cut down, when all the animals have been hunted, when all the waters are polluted, when all the air is unsafe to breathe, only then will you discover you cannot eat money. Cree Indian's Prophecy

When your only tool is a hammer, everything starts to look like a nail. Abraham Maslow
"The tree which moves some to tears of joy is in the eyes of others only a green thing which stands in the way. Some see nature as all ridicule, a deformity ... and some scarce see nature at all. But by the eyes of a man of imagination, nature is imagination itself."

The Letters of William Blake.

It has become clear to me that we world servers are speaking for life, for the Earth herself. She voices her concern through us, and through our consciousness of the situation. It is the ability to change the consciousness of others that is the answer to global warming. Without such change politics, economics etc. have no vision to guide Mother Earth other than the materialistic, dualistic thinking which has created the present situation. There is no separation in creation: we are all expressing one Life in which we live, move and have our being.

There is hope in movements such as ours, and all over the world there are emerging new groups of world servers. They are raising their own consciousness of the situation and there-by that of their fellows. Most people do not need a weather man to tell them which way the wind is blowing, but they do need the overview and the data to struggle for change in themselves and outside in the world we share. We are the last generation who can change the situation in our lifetimes - but also the first to put the jigsaw of Life together and therefore to understand how to save the situation. Our lives have prepared us for this challenge, for the Earth's need to regenerate through pur concern and involvement. We are living and loving the Earth, we are the Mother reflecting on herself via sentience. She is with us, so be hopeful. The consequences of global warming seem inevitable - hurricanes, floods, starvation and exodus, a frightening list - but remember Nature is Life's imagination acted out for us, and natural processes include breaking down before re-emergence. If global warming breaks down the materialistic world view, we can break through to a whole new appreciation of what life is, and what we are all here for. Ian Ramsey (from "New Leaves" magazine – THE MOVEMENT FOR COMPASSIONATE LIVING THE VEGAN WAY - Compassionate living is about making connections between the way we live and the way others suffer/ between development, consumption and the destruction of the planet. It involves a commitment to work non-violently for change, promoting life styles that are possible for all the world's people, sustainable within the resources of the planet and free of exploitation of both animals and people* The Movement helps to spread compassionate understanding and simplify life styles by publications, meetings and educational campaigns. It is co-ordinated voluntarily the magazine and most of the literature is produced entirely by voluntary, labour and on recycled paper. Co-ordinators - Jack and Kathleen Jannaway

When your fear touches someone's pain it becomes pity; when your love touches someone's pain, it becomes compassion. Stephen Levine

- When a prominent man comes around, a minister or a governor, have you noticed how everybody salutes him? You call that respect, don't you? But such respect is phoney, because behind it there is fear, greed. You want something out of the poor devil, so you put a garland around his neck. That is not respect, it is merely the coin with which you buy and sell in the market. You don't feel respect for your servant or the villager, but only for those from whom you hope to get something. That kind of respect is really fear; it is not respect at all, it has no meaning. But if you really have love in your heart, then to you the governor, the teacher, your servant and the villager are all the same; then you have respect, a feeling for them all, because love does not ask anything in return.

- To be a student is to learn all the time; and as long as you are learning, there is no teacher, is there? The moment you are a student there is no one in particular to teach you, because you are learning from everything. The leaf that is blown by the wind, the murmur of the waters on the banks of a river, the flight of a bird high in the air, the poor man as he walks by with a heavy load, the people who think they know everything about life - you are learning from them all, therefore there is no teacher and you are not a follower.

- So the duty of a student is just to learn. There was once a famous painter in Spain whose name was Goya. He was one of the greatest, and when he was a very old man he wrote under one of his paintings, "I am still learning". You can learn from books, but that does not take you very far. A book can give you only what the author has to tell. But the learning that comes through self-knowledge has no limit, because to learn through your own self-knowledge is to know how to listen, how to observe, and therefore you learn from everything: from music, from what people say and the way they say it, from anger, greed, ambition.

J. Krishnamurti - This Matter of Culture, Chapter 7
I will give you a water leaping up to provide eternal life. Everyone who drinks this water will never be thirsty again (John 4:13-14 - BIBLE)

He who harbours in his heart love of truth will live and not die, for he has drunk the water of immortality. Buddha

No hells or heavens has Mirdad to offer you, but Holy Understanding which lifts you far beyond the fire of any hell and the luxuriance of any heaven. Not with the hand, but with the heart must you receive the gift. For that the heart must needs be disencumbered of every stray desire and will, save the desire and will to understand.

No strangers are you to the Earth; nor is the Earth to you a stepmother. But a very heart of your very heart are you, and a very backbone of her every backbone. Glad is she to bear you on her sturdy, broad and steady back. Why do you insist on bearing her upon your puny, fallen chests and moan, and puff and gasp for breath in consequence?

Serenely comes the face of the Earth. Why would you mar and ruffle it with bitter strife and fear? A perfect unit is the Earth. Why do you persist in disremembering her with swords and boundary-marks?

Obedient and carefree is the Earth. Why are you so full of care and insubordination?

Yet more enduring are you than the Earth, than the Sun and all the spheres in the heavens. All shall pass away, but you shall not. Why tremble you as leaves in the wind?

If nothing else can make you feel your oneness with the Universe, the Earth alone should make you feel it. Yet Earth herself is but the mirror wherein your shadows are reflected. Is the mirror more than the mirrored? Is the shadow cast by a man more than the man?

Mikhail Naimy 1889 -1988 THE BOOK OF MIRDAD

- The Upholder of the Cycles which supports the whole life, is WATER. In every drop of water dwells a Diety, whom all we serve; there also dwells Life, the Soul of the “First“ substance – Water – whose boundaries and banks are the capillaries that guide it and in which it circulates.

- Contemporary agriculture treats Mother-Earth like a whore and rapes her. All year round it scrapes away her skin and poisons it with artificial fertiliser, for which a science is to be thanked that has lost all connection with Nature.

- Our primeval Mother Earth is an organism that no science in the world can rationalise. Everything on her that crawls and flies is dependent upon her and all must hopelessly perish if that Earth dies that feeds us.

- All the processes that take place in water are reflected once again in the individual forms of vegetation.

- The forest should only be cared for by people who love it. Those who view the forest merely as an object of speculation, do it and all other living creatures great harm, for the forest is the cradle of water. If the forest dies, then the springs will dry up, the meadows will become barren and many countries will inevitably be seized by unrest of such a kind that it will bode ill for every one of us. . . - When someone dies the bell tolls. When the forest dies and with it a whole people, then no-one lifts a finger. Viktor Schauberger

To attack, to conquer, to subdue, to destroy, be it our fellow men or non-human beings or even lifeless matter has been the recipe of success through the millennia now it has turned to suicidal behaviour. Paul Bauer, President of Ecoropa

Human survival depends on bringing back the trees. Gavin Tilstone

The world is too much with us; late and soon, getting and spending, we lay waste our powers. William Wordsworth

As long as we have slaughterhouses, we will have battlefields. Leo Tolstoj

We had better be without gold than without trees. John Evelyn

I am life which wills to live, in the midst of life which wills to live. Albert Schweitzer

This is the true joy in life - the being used for a purpose recognised by yourself as a mighty one. George Bernard Shaw

The conception of Tree Lovers, as well as Lovers of Animals and Nature, is that of one great family going forward into the future, believing in a harmless way of life, one humanity chastened, disciplined and illumined. The present is full of opportunity. A great light has been raised and is penetrating the darkness of the world, but, alas, too many with dust blinded eyes have yet to catch the vision. Some of us have. That is our privilege and our opportunity.

Richard St. Barbe Baker
"There is nothing so cruel as nature. In the whole universe there is no escape from it, and yet it is not nature that does the injury, but the person's own heart." Unknown

- that old anthropocentric superstition which pictures Man as the centre of the universe and separated from inferior animals - mere playthings made for his august pleasure and amusement.
- the barbarism of civilisation - the cruelties inflicted by man on man in the name of law, authority and traditional habits and the still more atrocious treatment of the so-called lower animals for the purpose of sport, science, fashion and the gratification of the appetite for unnatural food.
- Oppression and cruelty are invariably founded on a lack of imaginative sympathy; the tyrant and tormentor can have no true sense of kinship with the victim of his injustice. When once the sense of affinity is awakened, the knell of tyranny is sounded. . . . To live one's own life - to realise one's true self - is the highest moral purpose of man and animal alike. Henry Salt

We have seen, that the senses and intuitions, the various emotions and faculties, such as love, memory, attention, curiosity, imitation, reason etc., of which man boasts, may be found in an incipient, or even sometimes in a well developed condition in the lower animals. Darwin

- Ethical piety does not find the God of Love in nature but only in the fact that he announces himself in us as will-to-love. . . . - The world offers us the horrible drama of the will to live divided against itself. One existence holds its own at the cost of another: one destroys another. Only in thinking man has the will to live become conscious of other wills to-live and desirous of solidarity with it. This solidarity, how-ever, he cannot completely bring about because man is subject to the puzzling and horrible law of being obliged to live at the cost of other life, and to incur again and again the guilt of destroying life. Albert Schweitzer

I love God's wonderful creatures, I love them great and small. The strepto cocci him I love: I love him best of all. Aldous Huxley

Man suppresses in himself, unnecessarily, the highest spiritual capacity - that of sympathy and pity toward living creatures like himself - and by violating his own feelings becomes cruel. And how deeply seated in the human heart is the injunction not to take life ! But by the assertion that God ordained the slaughter of animals, and above all as a result of habit, people entirely lose their natural feeling. Leo Tolstoy, "The First Step."

They shall do no harm in all my holy mountain. The world shall be filled with the glory of God as the waters cover the sea. BIBLE

The tree which moves some to tears of joy is in the eyes of others only a green thing which stands in the way. Some see nature as all ridicule, a deformity. . . and some scarce see nature at all. But by the eyes of a man of imagination, nature is imagination itself. William Blake

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Any one of the hazards confronting us - pollution, erosion, desertification, forest destruction, global warming, ozone layer depletion, could, unchecked, bring to an end developed forms of life. We are faced with all at one and the same time. . . We must work out together a way of life that is possible for all the world's people - justice and peace require it - and one that is sustainable on a finite and vulnerable planet - the survival of life depends on it. We in the developed world must voluntarily adopt a simpler - not lower - standard of living else our environmental warnings will not be believed. To win the battle for the planet, we must identify the enemy and choose the appropriate weapon. The enemy is the religion of growth economics, that form of mammon worship, bred in the West out of the rape of the earth, that came with the Industrial Revolution. It has gained such control that millions of people in the developed world are reduced to programmed consumers of mass produced goods that have given no joy in their making. Most of the goods are trivial and their making pollutes, and wastes the resources that are desperately needed by the millions that exist in deprivation and squalor. Those who work the system are corrupted and dehumanised by the power that they wield. The enemy must be fought in the minds of each one of us by the weapon of Truth - Force. The struggle must be given absolute priority, and, as has happened in previous total wars, it will lift the fighters out of degenerating preoccupation with self into faith, hope and comradeship. Truth - Force will save from false hope and faith, and lead to truly compassionate and abundant living. TRUTH FORCE

Gandhi's weapon of Truth Force must be wielded with compassion and faith in the opponent's ability to respond. As we study and practice and grow in understanding, we must spread the truths achieved by every means possible. Often the quiet word, the cheerful witness can have power beyond the mass media - though that rightly used can be powerful for good. Each one of us has to work out how much of the world's goods we need in order to fight the battle to the best of our ability, and how to get them without damaging the environment and without depriving others. Jannaway Kathleen - The Movement for Compassionate Living

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To my mind the life of a lamb is no less precious than that of a human being. I should be unwilling to take the life of a lamb for the sake of the human body. I hold that, the more helpless a creature, the more entitled it is to protection by man from the cruelty of man. . . It is my constant prayer that there may be born on earth some great that there may be born on earth some great spirit, man or woman, fired with divine pity, who will deliver us from this heinous sin, save the lives of the innocent creatures, and purify the temple. Mahatma Gandhi

- You ask where compassion comes in, where guilt comes in all this. You'll know when you're awake. If you're feeling guilty right now, how on earth can I explain it to you? How would you know what compassion is? You know, sometimes people want to imitate Christ, but when a monkey plays a saxophone, that doesn't make him a musician. You can't imitate Christ by imitating his external behavior. You've got to be Christ. Then you'll know exactly what to do in a particular situation, given your temperament, your character, and the character and temperament of the person you're dealing with. No one has to tell you. But to do that, you must bewath Christ was. An external imitation will get you nowhere. If you think that compassion implies softness, there's no way I can describe compassion to you, absolutely no way, because compassion can be very hard. Compassion can be very rude, compassion can jolt you, compassion can roll up its sleeves and operate on you. Compassion is all kinds of things. Compassion can be very soft, but there's no way of knowing that. It's only when you become love - in other words, when you have dropped your illusions and attachments - that you will "know."

- So that's the first thing we need to do if we want to come awake, which is the same thing as saying: if we want to love, if we want, if we want joy and peace and spirituality. In that sense, spirituality is the most practical thing in the whole wide world. I challenge anyone to think of anything more practical than spirituality as I have defined it - not piety, not devotion, not religion, not worship, but spirituality - waking up, waking up! Look at the heartache everywhere, look at the loneliness, look at the fear, the confusion, the conflict in the hearts of people, inner conflict, outer conflict. Suppose somebody gave you a way of getting rid of all of that? Suppose somebody gave you a way to stop that tremendous drainage of energy, of health, of emotion that comes from these conflicts and confusion. Would you want that? Suppose somebody showed us a way whereby we would truly love one another, and be at peace, be at love. Can you think of anything more practical than that? But, instead, you have people thinking that big business is more practical, that politics is more practical, that science is more practical. What's the earthly use of putting a man on the moon when we cannot live on the earth?

- An astronomer friend was recently telling me some of the fundamental things about astronomy. I did not know, until he told me, that when you see the sun, you're seeing it where it was eight and a half minutes ago, not where it is now. Because it takes a ray of the sun eight and a half minutes to get to us. So you're not seeing it where it is; it's now somewhere else. Stars, too, have been sending light to us for hundreds of thousands of years. So when we're looking at them, they may not be where we're seeing them; they may be somewhere else. He said that, if we imagine a galaxy, a whole universe, this earth of ours would be lost toward the tail end of the Milky Way; not even in the center. And every one of the stars is a sun and some suns are so big that they could contain the sun and the earth and the distance between them. At a conservative estimate, there are one hundred million galaxies! The universe, as we know it, is expanding at the rate of two million miles a second. I was fascinated listening to all of this, and when I came out of the restaurant where we were eating, I looked up there and I had a different feel, a different perspective on life. That's awareness. So you can pick all this up as cold fact (and that's information), or suddenly you get another perspective on life - what are we, what's this universe, what's human life? When you get that feel, that's what I mean when I speak of awareness.

- Send the crowds away, go up to the mountains, and silently commune with trees and flowers and animals and birds, with sea and clouds and sky and stars. I've told you what a spiritual exercise it is to gaze at things, to be aware of things around you. Hopefully, the words will drop, the concepts will drop, and you will see, you will make contact with reality. That is the cure for loneliness. Generally, we seek to cure our loneliness through emotional dependence on people, through gregariousness and noise. That is no cure. Get back to things, get back to nature, go up in the mountains. Then you will know that your heart has brought you to the vast desert of solitude, there is no one there at your side, absolutely no one. At first this will seem unbearable. But it is only because you are unaccustomed to aloneness. If you manage to stay there for a while, the desert will suddenly blossom into love. Your heart will burst into song. And it will be springtime forever; the drug will be out; you're free. Then you will understand what freedom is, what love is, what happiness is, what reality is, what truth is, what God is. You will see, you will know beyond concepts and conditioning, addictions and attachments. Does that make sense?

Anthony de Mello – AWARENESS

We are born into the world of nature; our second birth is into the world of spirit. BHAGAVAD-GITA
There is a mention of the Avadhut in the Eleventh Book of the *Shrimad Bhagavata* (which is attributed to Vyasa, written in a highly poetic style...). The following is an extract from this book:

His many gurus - "Salutations to you, Sage, Kindly tell us what guru has given you the great knowledge which has made you perfect in wisdom, full of peace, and devoted to the good of all living beings."

The Avadhut answered:
"One's own Self is one's chief Guru. By knowledge of Self [in] communion one gets the great bliss."

The Avadhut did not learn from one particular source, but from many teachers, or gurus. He then mentioned twenty-four of them, including Water, the earth, the wind, space, the moon, the sun, the sea, and the arrow-maker.

1. From water he learned purity and the taste of tastelessness. "As water is sweet and pure, so is Atman [the divine Self]. Man should manifest sweetness and purity in his conduct. I have therefore taken water as one of my Gurus," he said.
2. "Patience, forgiveness, supporting others without expectation of gratitude I have learned from my Guru, the earth."
3. "The wind blows everywhere, over the flower-beds, deserts, marshes, palaces and prisons, without being attached to any of them, without preference or dislike. So, I, an Avadhut, go everywhere, scattering my blessings of peace, without being attached to anyone. My Guru, the wind, has taught me this lesson."
4. "In the all-pervading space there exist clouds, stars, planets, dust-storms, and so on, but it is not touched by any of them. So is Atman, which, pervading all bodies of men and animals, of saints, sages, kings, madmen, sinners, and paupers, is untainted by any of them. So do I feel, having learned this lesson from space, my Guru."
5. "As the moon is perfect, in spite of its waning and waxing, which do not exist in it, so is Atman ever perfect, in spite of its seeming imperfections. This is what the moon, my Guru, has taught me."
6. "As the sun through its rays absorbs water from the earth, only to give it back in a cool and pure form, so ought a Mahatma to take the things of the world, not for his own sake, but in order to give them back in a richer and better form. This is what my Guru, the sun, has taught me."
7. "Though thousands of rivers empty themselves into the sea, yet it remains within its limits; so remains undisturbed the mind of the knower of God, though objects of all kinds pour themselves into it. Thus, the sea, my Guru, has instructed me."
8. "From the arrow-maker I have learned the value of concentration. In a certain town there lived an arrow-maker, who devoted his full attention to his occupation. Once he was beating the point of an arrow, when the king and his procession went by the street. He was so attentive to his work that he knew nothing of the king's passing, and when they asked him how he liked the music of the procession he said, 'What procession? When did it pass?' So ought we to concentrate on the Truth that no external object or event should disturb us." AVADHUT GITA

I am part of the sun as my eye is of me. That I am part of the earth my feet know perfectly, and my blood is part of the sea. D. H. Lawrence 1885-1930

Intelligence is unique; it cannot be divided as yours and mine. It is only the absence of intelligence that can be separated into units as yours and mine, and this is the ugliness of distinction, out of which is born exploitation, cruelty, and sorrow. J. Krishnamurti

Oh, my fellow men, do not defile your bodies with sinful foods. We have corn, we have apples bending down the branches with their weight, and grapes swelling on the vines. There are sweet-flavored herbs, and vegetables which can be cooked and softened over the fire, nor are you denied milk or thyme-scented honey. The earth affords a lavish supply of riches, of innocent foods, and offers you banquets that involve no bloodshed or slaughter; only beasts satisfy their hunger with flesh, and not even all of those, because horses, cattle, and sheep live on grass.

- As long as man continues to be the ruthless destroyer of lower living beings he will never know health or peace. For as long as men massacre animals, they will kill each other.
- So in life, some enter the services of fame and others money, but the best choice is that of those few who spend their time in the contemplation of nature, and as lovers of wisdom.

Pythagoras

A man who does not strive towards evolution, who is not conscious of its possibility and is not helping it, will not evolve. And an individual who does not evolve does not remain in a static state, but goes down, degenerates (i.e. certain of his elements begin their own evolution, hostile to the whole). This is a general law. P. D. Ouspensky

The Earth is the mother of all people, and all people should have equal rights upon it.

Heinmot Tooyalaket (Chief Joseph), Nez Perce Leader
The earth is the Lord's and the fullness thereof, the world and those who dwell therein. Bible, Psalm 24.1 - Judaism and Christianity

All you under the heaven! Regard heaven as your father, earth as your mother, and all things as your brothers and sisters. Oracle of the Kami of Atsuta - Shinto

This earth is a garden, The Lord its gardener, Cherishing all, none neglected. Adi Granth, Majh Ashtpadi 1, M.3, p. 118 - Sikhism

Even in a single leaf of a tree, or a tender blade of grass, the awe-inspiring Deity manifests Itself. Urabe-no-Kanekuni - Shinto

The stream crosses the path, the path crosses the stream: Which of them is the elder? Did we not cut the path to go and meet this stream? The stream had its origin long, long ago. It had its origin in the Creator. He created things pure, pure, tano. Ashanti Verse (Ghana and Ivory Coast)- African Traditional Religions

Have you considered the soil you till? Do you yourselves sow it, or are We the Sowers? Did We will, We would make it broken ors, and you will remain bitterly jesting - "We are debt-loaded; nay, we have been robbed." Have you considered the water you drink? Did you send it down from the clouds, or did We send it? Did We will, We would make it bitter; so why are you not thankful? Have you considered the fire you kindle? Did you send it down from the clouds, or did We send it? Did We Ourselves made it for a reminder, and a boon to the desert-dwellers. Qur'an 56.63-73 - Islam

No creature is there crawling on the earth, no bird flying with its wings, but they are nations like yourselves. We have neglected nothing in the Book; then to their Lord they shall be mustered. Qur'an 6.38 - Islam

I say, "Just as the consciousness of a man born without any sense organs [i.e., one who is blind, deaf, dumb, crippled, etc. from birth] is not manifest, likewise the consciousness of beings of earth-body [e.g., atoms, minerals] is also not manifest. Nevertheless such a man experiences pain when struck or cut by a weapon, and so also do the beings of earth-body. Likewise for water-beings... fire-beings... plants... animals... air beings: their consciousness and experiences of pain are [actual though] not manifest." Acarangasutra 1.28-161 - Jainism

Tao gave them birth; The power of Tao reared them. Shaped them according to their kinds, Perfected them, giving to each its strength. Therefore of the ten thousand things there is not one that does not worship Tao and do homage to its power. Yet no mandate ever went forth that accorded to Tao the right to be worshipped, nor to its power the right to receive homage. It was always and of itself so.

Therefore as Tao bore them and the power of Tao reared them, made them grow, fostered them, harbored them, brewed for them, so you must Rear them, but do not lay claim to them; Control them, but never lean upon them, Be their steward, but do not manage them. This is called the Mysterious Power. Tao Te Ching 51 - Taoism

Come back, O Tigers!, to the woods again, and let it not be leveled with the plain. For without you, the axe will lay it low. You, without it, forever homeless go. Khuddaka Patha - Buddhism

A horse or a cow has four feet. That is Nature. Put a halter around the horse's head and put a string through the cow's nose, that is man. Therefore it is said, "Do not let man destroy Nature. Do not let cleverness destroy destiny [the natural order]." Chuang Tzu 17 - Taoism

They gave the sacrifice to the East, the East said, "Give it to the West," the West said, "Give it to God," God said, "Give it to Earth, for Earth is senior." Idoma Prayer - African Traditional Religions

The solid sky, the cloudy sky, the good sky, the straight sky. The earth produces herbs. The herbs cause us to live. They cause us to be happy. The good life, may it prevail with the air. May it increase. May it be straight to the end. Sweet Medicine's earth is washed and flows. Cheyenne Song - Native American Religions

In the land of Yamato there are many mountains; Ascending to the heaven of Mount Kagu, I gaze down on the country, and see Smoke rising here and there over the land, Sea gulls floating here and there over the sea. A fine country is this, The island of dragonflies, this Province of Yamato. Man'yoshu I - Shinto

On the eastern side of this Himalaya, the king of mountains, are green-flowing streams, having their source in slight and gentle mountain slopes; blue, white, and the hundred-leafed, the white lily and the tree of paradise, in a region overrun and beautified with all manner of trees and flowing shrubs and creepers, resounding with the cries of swans, ducks, and geese, inhabited by troops of monks and ascetics.... Jataka – Buddhism
Perhaps if we are lucky, Our earth mother Will wrap herself in a fourfold robe of white meal, Full of frost flowers; A floor of ice will spread over the world, The forests because of the cold will lean to one side, Their arms will break beneath the weight of snow. When the days are thus, The flesh of our earth mother will crack with cold. Then in the spring when she is replete with living waters, Our mothers, All different kinds of corn, In their earth mother we shall lay to rest. With their earth mother's living waters They will be made into new beings; Into their sun father's daylight They will come out standing; Yonder to all directions They will stretch out their hands calling for rain. Then with their fresh waters The rain makers will pass us on our roads. Clasping their young ones [the ears of corn] in their arms, They will rear their children. Gathering them into our houses, Following these toward whom our thoughts bend, 

Man'yoshu I: 'Smoke' and 'sea gulls' suggest the plentitude and harmony among man and nature. Cf. Kagura-uta, p. 140; Kojiki 110, p. 1066. Jataka: The mountains, pristine and full of natural beauty, have always been the preferred environment for ascetics, where they may most readily strive to penetrate the Absolute. In Asia, Buddhist monasteries and temples are often associated with nature preserves.

With our thoughts following them, Thus we shall always live.

Truth, Eternal Order that is great and stern, Consecration, Austerity, Prayer, and Ritual--these uphold the Earth. May she, Queen of what has been and will be, make a wide world for us.

Earth, which has many heights and slopes and the unconfined plain that bind men together, Earth that bears plants of various healing powers, may she spread wide for us and thrive.

Earth, in which lie the sea, the river, and other waters, in which food and cornfields have come to be, in which live all that breathes and that moves, may she confer on us the finest of her yield....

Set me, O Earth, amidst what is thy center and thy navel, and vitalizing forces that emanate from thy body. Purify us from all sides. Earth is my Mother; her son am I; and Heaven my Father: may he fill us with plenty....

There lies the fire within the Earth, and in plants, and waters carry it; the fire is in stone. There is a fire deep within men, a fire in the kine, and a fire in horses: The same fire that burns in the heavens; the mid-air belongs to this divine Fire. Men kindle this fire that bears the oblation and loves the melted butter.

May Earth, clad in her fiery mantle, dark-kneed, make me aflame; may she sharpen me bright....

Whatever I dig from thee, Earth, may that have quick growth again. O purifier, may we not injure thy vitals or thy heart....

As a horse scatters dust, so did Earth, since she was born, scatter the people who dwelt on the land, and she joyously sped on, the world's protectress, supporter of forest trees and plants.

Zuni Song: Cf. Cree Round Dance, p. 55; Sioux Tradition, p. 370; Winnebago Invocation, p. 373.

What I [Earth] speak, I speak with sweetness; what I look at endears itself to me; and I am fiery and impetuous: others who fly at me with wrath I smite down.

Peaceful, sweet-smelling, gracious, filled with milk, and bearing nectar in her breast, may Earth give with the milk her blessings to me.

Thou art the vessel, the Mother of the people, the fulfiller of wishes, far-extending. Whatever is wanting in thee is filled by Prajapati, first-born of Eternal Order [the first god].

May those born of thee, O Earth, be, for our welfare, free from sickness and waste. Wakeful through a long life, we shall become bearers of tribute for thee.

Earth, my Mother! set me securely with bliss in full accord with Heaven. Wise One, uphold me in grace and splendor.


The earth was once a human being: Old One made her out of a woman. "You will be the Mother of all people," he said.

Earth is alive yet, but she has changed. The soil is her flesh, the rocks are her bones, the wind is her breath, trees and grass her hair. She lives spread out, and we live on her. When she moves we have an earthquake.

After taking the woman and changing her to earth, Old One gathered some of her flesh and rolled it into balls, as people do with mud or clay. He made the first group of these balls into the ancients, the beings of the early world. The ancients were people, yet also animals. In form some looked human while others walked on all fours like animals. Some could fly like birds; others could swim like fishes. All had the gift of speech, as well as greater powers and cunning than either animals or people.
Besides the ancients, real people and real animals lived on the earth at that time. Old One made the people out of the last balls of mud he took from the earth. He rolled them over and over, shaped them like Indians, and blew on them to bring them alive. They were so ignorant that they were the most helpless of all the creatures Old One had made. Old One made people and animals into males and females so that they might breed and multiply.

Thus all living beings came from the earth. When we look around, we see part of our Mother everywhere. Okanogan Creation - Native American Religions

Although enemies such as hatred and craving have neither any arms nor legs, and are neither courageous nor wise, How have I been used like a slave by them?
For while they dwell within my mind At their pleasure they cause me harm, Yet I patiently endure them without any anger; But this is an inappropriate and shameful time for patience. Should even all the gods and anti-gods Rise up against me as my enemies, They could not lead nor place me in The roaring fires of deepest hell.

But the mighty foe, these disturbing conceptions, In a moment can cast me amidst [those flames] Which when met will cause not even the ashes Of the king of mountains to remain.
All other enemies are incapable Of remaining for such a length of time As can my disturbing conceptions, The long-time enemy with neither beginning nor end....
While in cyclic existence, how can I be joyful and unafraid If in my heart I readily prepare a place For this incessant enemy of long duration, The sole cause for the increase of all that harms me? And how shall I ever have happiness If in a net of attachment within my mind There dwell the guardians of the prison of cyclic existence, These disturbing conceptions that become my butchers and tormentors in hell?
Shantideva, Guide to the Bodhisattva's Way of Life 4.28-35 - Buddhism

Five are the robbers lodged in this body— Lust, wrath, avarice, attachment, and egoism.
Adi Granth, Sorath, M.3, p. 600 - Sikhism

Nature is not an image or imitation of wisdom, the last thing of the soul; nature being a thing which doth only do, but not know. Plotinus

Your own mother was needed to give you birth; but you could not have been born without the sun and the earth. Nisargadatta Maharaj - THE ULTIMATE MEDICINE
- My nature grows ever more young the primitive pines among.
- The explorers and lumberers generally are all hirelings, paid so much a day for their labor, and as such they have no more love for wild nature than wood-sawyers have for forests.
- Nature looked sternly upon me on account of the murder of the moose.
- Every creature is better alive than dead, men and moose and pine-trees, and he who understands it aright will rather preserve its life than destroy it.

Henry David Thoreau - THE MAINE WOODS

We are born into the world of nature; our second birth is into the world of spirit. BHAGAVAD-GITA
Names, religions, personalities pass away, but the Law of Love remains. To become possessed of a knowledge of this Law, to enter into conscious harmony with it, is to become immortal, invincible, indestructible. James Allen - FROM POVERTY TO POWER

This is my prayer, that I may know before I leave why the earth called me to her arms.

Why her night's silence spoke to me of stars, and her daylight kissed my thoughts into flower.
Before I go may I linger over my last refrain, completing its music, may the lamp be lit to see your face and the wreath woven to crown you.

THANKSGIVING
Those who walk on the path of pride crushing the lowly life under their tread, covering the tender green of the earth with their footprints in blood;
Let them rejoice, and thank thee, Lord, for the day is theirs.
But I am thankful that my lot lies with the humble who suffer and bear the burden of power, and hide their faces and stifle their sobs in the dark.
For every throb of their pain has pulsed in the secret depth of thy night, and every insult has been gathered into thy great silence. And the morrow is theirs.
O Sun, rise upon the bleeding hearts blossoming in flowers of the morning, and the torchlight revelry of pride shrunken to ashes.
Rabindranath Tagore - FRUIT-GATHERING
(Translated from Bengali to English by the author) New York: The Macmillan Company, 1916
As water changes according to the soil through which it flows, so a man assimilates the character of his associates. (Kural verse 452)

Outer creativity contributes to ennoblement of character through personality integration and selfhood unification. THE URANTIA BOOK

A man in whom the animal reason alone is active is a lunatic, and his character resembles that of some animal. Paracelsus

Through our actions, we may invoke peace and honor the truth that resides in all. Rig Veda

In true love you attain freedom. Thich Nhat Hanh

The power of real love always tends to draw out into expression the finer elements of mind, character, and life. Christian D. Larson

Character of every man, in some degree, formed by his profession. Mary Wollstonecraft

Man’s character is his message. Henry Drummond

1. Find and cross off words: COURAGE, LOVE, HONESTY, HUMILITY, COMPASSION, UNDERSTANDING, EQUANITY, TRUTHFULNESS, FORGIVENESS, PATIENCE, FORGIVENESS, SELFISHNESS, PATIENCE, POISE, LOYALTY, WISDOM, POISE, TOLERANCE, TOILENCE, FRIENDSHIP, PEACE, PATIENCE

2. Letters (left) not included in any words - check rows from top, from right
to left and encircle letters for quotation: →

Build up your character, and manifest your real nature. The Effulgent, the Resplendent, the Ever Pure, and call it up in everyone that you see. Swami Vivekananda

People seem not to see that their opinion of the world is also a confession of character. Ralph Emerson

Talent develops itself in solitude; character in the stream of life. Johann Goethe
The touchstone of perfect character is accepting with dignity defeat from one’s inferiors. (Kural - 986) Tiruvalluvar - TIRUKURAL

In our barbarous society the influence of character is in its infancy. As a political power, as the rightful lord who is to tumble all rulers from their chairs, its presence is hardly yet suspected. Ralph Emerson

Character of every man is, in some degree, formed by his profession. Society, therefore, as it becomes more enlightened, should be very careful not to establish bodies of men who must necessarily be made foolish or vicious by the very constitution of their profession.

Mary Wollstonecraft 1759-1797

Temperament refers to the mode of reaction and is constitutional and not changeable; character is essentially formed by a person's experiences, especially of those in early life, and changeable, to some extent, by insights and new kinds of experiences. If a person has a choleric temperament, for instance, his mode of reaction is "quick and strong." But what he is quick or strong about depends on his kind of relatedness, his character. If he is a productive, just, loving person he will react quickly and strongly when he loves, when he is enraged by injustice, and when he is impressed by a new idea. If he is a destructive or sadistic character, he will be quick and strong in his destructiveness or in his cruelty. The confusion between temperament and character has had serious consequences for ethical theory. Preferences with regard to differences in temperament are mere matters of subjective taste. But differences in character are ethically of the most fundamental importance. Erich Fromm

Maslow asked the key question in posing self-actualization as the proper objective of therapy: Why do we set our standard of sanity so cautiously low? Can we imagine no better model than the dutiful consumer, the well-adjusted breadwinner? Why not the saint, the sage, the artist? Why not all that is highest and finest in our species? Theodore Rozsak

Institutions are dependent on character; and however changed in their superficial aspects, cannot be changed in their essential natures faster than character changes. Herbert Spencer

- Circumstances do not make a person, they reveal him. James Allen

- So the economist in calling his science the science of getting rich must attach some ideas of limitation to its character. Let us assume that he means his science to be the science of ‘getting rich by legal or just means’. In this definition is the word ‘just’ or ‘legal’ finally to stand? For it is possible that proceedings may be legal which are by no means just. If we leave at last only the word ‘just’ in that place of our definition, it follows that in order to grow rich scientifically, we must grow rich justly; and therefore know what is just. It is the privilege of the fishes, as it is of rats and wolves, to live by the laws of demand and supply; but it is the distinction of humanity to live by those of right. . . . - The very wealth of the people acts among them as a curse. Nothing in history has been so disgraceful to human intellect as the acceptance among us of the common doctrines of economics as a science. I know no previous instance in history of a nation’s establishing a systematic disobedience to the first principle of its professed religion. The writings which we (verbally) esteem as divine not only denounce the love of money as the source of all evil, and as an idolatry abhorred of the deity, but declare mammon service to be the accurate and irreconcilable opposite of God’s service; and whenever they speak of riches absolute and poverty absolute, declare woe to the rich and blessing to the poor. True economics is the economics of justice. People will be happy in so far as they learn to do justice and be righteous. All else is not only vain but leads straight to destruction. To teach the people to get rich by hook or by crook is to do them an immense disservice. M. K. Gandhi - UNTO THIS LAST - A Paraphrase (Unto This Last by John Ruskin was first published in 1860 as a series of articles in Cornhill Magazine. In 1908 Gandhi serialized a nine-paragraph paraphrase of Ruskin’s book into Gujarati in Indian Opinion and later published it as a pamphlet under the title Sarvodaya (The Welfare of All). Valji Govind Desai retranslated Gandhi’s paraphrase into English in 1951 under the title Unto This Last: A Paraphrase. It was revised in 1956. The 1956 text is re-issued here. © The Navajivan Trust

- Being a human being - in the sense of being born to the human species - must be defined also in terms of becoming a human being. In this sense a baby is only potentially a human being, and must grow into humanness.

- I certainly accepted and built upon the available data of experimental psychology and psychoanalysis. I accepted also the empirical and experimental spirit of the one, and the unmasking and depth-probing of the other, while yet rejecting the images of man which they generated. That is, this book represented a different philosophy of human nature, a new image of man. Abraham Maslow - MOTIVATION AND PERSONALITY
- The world is filled with men and women seeking pleasure, excitement, novelty; seeking ever to be moved to laughter or tears; not seeking strength, stability, and power; but courting weakness, and eagerly engaged in dispersing what power they have. Men and women of real power and influence are few, because few are prepared to make the sacrifice necessary to the acquirement of power, and fewer still are ready to patiently build up character.
- The man of self regards the loss of his wealth, his comforts, or his life as the greatest calamities which can befall him. The man of principle looks upon these incidents as comparatively insignificant, and not to be weighed with loss of character, loss of Truth. To desert Truth is, to him, the only happening which can really be called a calamity.
- How few people we meet in life who are well balanced, who have that exquisite poise which is characteristic of the finished character! James Allen 1864-1912 - THE WAY OF PEACE

Character has to be established through a thousand stumbles. Swami Vivekananda

Everyone of us, every group with which we live and work, must become the model of the era which we desire to create. We must live the future now! Ivan Illich

- By energy, vigilance, self-control, and self-mastery, the wise one may make an island that a flood cannot sweep away.
- He who can be alone and rest alone and is never weary of his great work, he can live in joy, when master of himself, by the edge of the forest of desires.
- When one sees by insight that all conditioned states are miserable, one then welcomes misery; this is the path to purity. Buddha
- Flow around obstacles, don't confront them. Don't struggle to succeed. Wait for the right moment.
- Trying to understand is like straining to see through muddy water. Be still, and allow the mud to settle. Remain still, until it is the time to act.
- Stop clinging to your personality, and see all beings as yourself. Such a person could be entrusted with the whole world.
- Whether faced with friend or enemy, loss or gain, fame or shame, the Wise remain equanimous. This is what makes them so extraordinary.
- The wise stand out, because they see themselves as part of the Whole. They shine, because they don't want to impress. They achieve great things, because they don't look for recognition. Their wisdom is contained in what they are, not their opinions. They refuse to argue, so no-one argues with them.
- A traveler may stop for nice food and good music, but a description of Tao seems bland and tasteless. It looks like nothing special. It sounds like nothing special. But live by it, and you will never tire of it. Lao Tzu - TAO TE CHING - 5th-3rd century BC
- At the outset we need to make clear that today's main paradigm for understanding a human life, the interplay of genetics and environment, omits something essential - the particularity you feel to be you. By accepting the idea that I am the effect of a subtle buffetting between hereditary and societal forces, I reduce myself to a result.
- As democratic equality can find no other logical ground but the uniqueness of each individual's calling, so freedom is founded upon the full independence of calling. When the writers of the Declaration of Independence stated that all are born equal, they saw that the proposition necessarily entailed a companion: All are born free. It is the fact of calling that makes us equal, and the act of calling that demands we be free.

James Hillman - THE SOUL'S CODE: IN SEARCH OF CHARACTER AND CALLING

In making the link between emotional life and ethics, Goleman notes that if a person cannot control their impulsiveness, damage will be done to their deepest sense of self. Control of impulse “is the base of will and character,” he says. Compassion, that other benchmark of character, is enabled by the ability to appreciate what others are feeling and thinking. These two elements are fundamental to emotional intelligence, and therefore are basic attributes of the moral person... - The most alluring implication of Emotional Intelligenceis that greater awareness and control of our emotions on a large scale would mean an evolution of the species. We believe that hate, rage, jealousy, and so on are “only human,” but when we look at the finest human beings of the twentieth century - Gandhi, Martin Luther King, Mother Teresa - we find that such negative emotions were remarkably absent. These people were able to express anger according to Aristotle's dictum: They could use their emotions instead of letting their emotions use them. What could be a better definition of civility or humanity? (About Daniel Goleman's book Emotional Intelligence) Tom Butler - Bowdon - 50 SELF-HELP CLASSICS - 50 inspirational books to transform your life, from timeless sages to contemporary guru
There is one spectacle grander than the sea, that is the sky; there is one spectacle grander than the sky, that is the interior of the soul. Victor Hugo - LES MISERABLES

- All things fade into the storiéd past, and in a little while are shrouded in oblivion. Even to men whose lives were a blaze of glory this comes to pass; as to the rest, the breath is hardly out of them before, in Homer's words, they are 'lost to sight alike and hearsay'. What, after all, is immortal fame? An empty, hollow thing. To what, then, must we aspire? This, and this alone: the just thought, the unselfish act, the tongue that utters no falsehood, the temper that greets each passing event as something predestined, expected, and emanating from the One source and origin.

- You may break your heart, but men still go on as before.

- Be like the headland against which the waves break and break: it stands firm, until presently the watery tumult around it subsides once more to rest. 'How unlucky I am, that this should have happened to me!' By no means; say, rather, 'How lucky I am that this has left me with no bitterness; unshaken by the present, and undismayed by the future.'

- Survey the circling stars, as though you yourself were mid-course with them. Often picture the changing and rechanging dance of the elements. Visions of this kind purge away the dross of our earth-bound life. Marcus Aurelius - MEDITATIONS

- Instead of condemning people, let’s try to understand them. Let’s try to figure out why they do what they do. That’s a lot more profitable and intriguing than criticism; and it breeds sympathy, tolerance and kindness. To know all is to forgive all.’

- If we merely try to impress people and get people interested in us, we will never have many true, sincere friends. Friends, real friends, are not made that way.

Dale Carnegie - HOW TO WIN FRIENDS AND INFLUENCE PEOPLE

It’s a force that appears to be negative, but actually shows you how to realize your destiny. It prepares your spirit and your will, because there is one great truth on this planet: whoever you are, or whatever it is that you do, when you really want something, it’s because that desire originated in the soul of the universe. It’s your mission on earth.‘Even when all you want to do is travel? Or marry the daughter of a textile merchant?’

Paulo Coelho - THE ALCHEMIST

- Enlightenment through suffering. This might also be called the “why me?” path. Events occur, suffering takes place, and something is learned. But when suffering is our only teacher, we shut off the possibility of the miraculous.

- Enlightenment through outcome. In this path we have goals and ambitions that make sense of life. While superior to enlightenment through suffering, we must still be reactive and struggle, missing out on the higher awareness that creates magic.

- Enlightenment through purpose. Everything in the universe has a purpose, and by living according to our true purpose we begin to walk in step with it, magically creating what we want instead of battling against life.

Wayne Dyer - REAL MAGIC: CREATING MIRACLES IN EVERYDAY LIFE

- I went to the woods because I wished to live deliberately, to front only the essential facts of life, and see if I could not learn what it had to teach, and not, when I came to die, discover that I had not lived.

- If you have built castles in the air, your work need not be lost; that is where they should be. Now put the foundations under them.

- The mass of men lead lives of quiet desperation.

- When we are unhurried and wise, we perceive that only great and worthy things have any permanent and absolute existence - that petty fears and petty pleasures are but the shadow of the reality. This is always exhilarating and sublime.

- I know of no more encouraging fact than the unquestionable ability of man to elevate his life by a conscious endeavor.

- This is a delicious evening, when the whole body is in one sense, and imbibes delight through every pore. I go and come with a strange liberty in Nature, a part of herself.

- I should be glad if all the meadows of the earth were left in a wild state, if that were the consequence of men's beginning to redeem themselves.

- Men think that it is essential that the Nation have commerce, and export ice, and talk through a telegraph, and ride thirty miles an hour ... but whether we should live like baboons or like men, is a little uncertain. Henry David Thoreau - WALDEN

This earth on which we stand Is the promised Lotus Land, and this body Is the body of Buddha. Hakuin - Zen master
- Clear perception of reality (including a heightened ability to detect falseness and be a good judge of character).
- Acceptance (of themselves and things as they are).
- Spontaneity (a rich, unconventional inner life with a child-like ability to constantly see the world anew and appreciate beauty in the mundane).
- Problem-centeredness (focus on questions or challenges outside Themselves - a sense of mission or purpose - resulting in an absence of pettiness, introspection, and ego games).
- Solitude seeking (enjoyed for its own sake, solitude also brings serenity and detachment from misfortune/crisis, and allows for independence of thought and decision).
- Autonomy (independence of the good opinion of other people, more interest in inner satisfaction than status or rewards).
- Human kinship (a genuine love for, and desire to help, all people).
- Humility and respect (belief that we can learn from anyone, and that even the worst person has redeeming features). . .
- Ethics (clear, if not conventional, notions of right and wrong).
- Sense of humor (not amused by jokes that hurt or imply inferiority, but humor that highlights the foolishness of human beings in general).
- Creativity (not the Mozart type of genius that is inborn, but in all that is done, said, or acted).
- Resistance to enculturation (ability to see beyond the confines of culture and era).
- Imperfections (all the guilt, anxiety, self-blame, jealousy, and so on that regular people experience, but these do not stem from neurosis).
- Values (based on a positive view of the world; the universe is not seen as a jungle but an essentially abundant place, providing whatever we need to be able to make our contribution). Abraham Maslow

If someone had seen our faces on the journey from Auschwitz to a Bavarian camp as we beheld the mountains of Salzburg with their summits glowing in the sunset, through the little barred windows of the prison carriage, he would never have believed that those were the faces of men who had given up all hope of life and liberty. Despite that factor- or maybe because of it - we were carried away by nature’s beauty, which we had missed for so long. Viktor Frankl - MAN’S SEARCH FOR MEANING

- . . . only the unfulfilment of potential is meaningless, not life itself. Viktor Frankl - MAN’S SEARCH FOR MEANING

- And forget not that the earth delights to feel your bare feet and the winds long to play with your hair.
- To you the earth yields her fruit, and you shall not want if you but know how to fill your hands.
- Invoke then the master spirit of the earth, to come into your midst and sanctify the scales and the reckoning that weighs value against value.
- For the master spirit of the earth shall not sleep peacefully upon the wind till the needs of the least of you are satisfied.
- And even as each one of you stands alone in God's knowledge, so must each one of you be alone in his knowledge of God and in his understanding of the earth.
- And when the earth shall claim your limbs, then shall you truly dance. Kahlil Gibran - PROPHET

That water thought: ‘May I be many; may I grow forth.’ It created food (i.e. earth). That is why, whenever it rains anywhere, abundant food is produced. From water alone is edible food produced.
- And just as, here on earth, whatever is earned through work perishes, so does the next world, won by virtuous deeds, perish. Those who depart hence without having realized the Self and these true desires-for them there is no freedom in all the worlds. But those who depart hence after having realized the Self and these true desires-for them there is freedom in all the worlds. CHHANDOGYA UPANISHAD

When all the ties of the heart are severed here on earth, then the mortal becomes immortal. KATHA UPANISHAD

No god can grow out of a man unless the man has become truly that which he ought to be. Franz Hartmann

As we spread love, we climb naturally. A COURSE IN MIRACLES
All man’s miseries derive from not being able to sit quietly in a room alone.

Blaise Pascal 1623-1662

And I was not discouraged by the seeming Magnitude of the Undertaking, as I have always thought that one Man of tolerable Abilities may work great Changes, & accomplish great Affairs among Mankind, if he first forms a good Plan, and, cutting off all Amusements or other Employments that would divert his Attention, makes the Execution of that same Plan his sole Study and Business.

The Art of Virtue

1 Temperance. Eat not to Dullness. Drink not to Elevation.
2 Silence. Speak not but what may benefit others or yourself. Avoid trifling conversation.
3 Order. Let all your Things have their Places. Let each Part of your Business have its Time.
4 Resolution. Resolve to perform what you ought. Perform without fail what you resolve.
5 Frugality. Make no Expense but to do good to others or yourself; that is, Waste nothing.
7 Sincerity. Use no hurtful Deceit. Think innocently and justly; and if you speak, speak accordingly.
8 Justice. Wrong none, by doing Injuries or omitting the Benefits that are your Duty.
9 Moderation. Avoid Extremes. Forbear resenting injuries so much as you think they deserve.
10 Cleanliness. Tolerate no Uncleanness in Body, Clothes or Habitation.
11 Tranquillity. Be not disturbed at Trifles, or at Accidents common or unavoidable.
12 Chastity. Rarely use Venery but for Health or Offspring; never to Dullness, Weakness, or the Injury of your own or another’s Peace or Reputation.
13 Humility. Imitate Jesus and Socrates. Benjamin Franklin 1706-1790 - AUTOBIOGRAPHY

- Of all the beautiful truths pertaining to the soul that have been restored and brought to light in this age, none is more gladdening or fruitful of divine promise and confidence than this - that you are the master of your thought, the molder of your character, and the maker and shaper of your condition, environment and destiny.
- Good thoughts and actions can never produce bad results; bad thoughts and actions can never produce good results … We understand this law in the natural world, and work with it; but few understand it in the mental and moral world - although its operation there is just as simple and undeviating - and they, therefore, do not cooperate with it.
- Law, not confusion, is the dominating principle in the universe; justice, not injustice, is the soul and substance of life; and righteousness, not corruption, is the molding and moving force in the spiritual government of the world. This being so, we have to but right ourselves to find that the universe is right.
- We do not attract what we want, but what we are. James Allen - AS A MAN THINKETH
- Your security is not your job, or your bank account, or your investments, or your spouse, or parents. Your security is your ability to connect with the cosmic power that creates all things. Louise Hay - YOU CAN HEAL YOUR LIFE
- Are you a ‘victim’ or are you taking responsibility for your life? So many of us think we are taking responsibility for our lives when we simply are not. The ‘victim’ mentality is subtle and takes many forms.
- Pushing through fear is less frightening than living with the underlying fear that comes from a feeling of helplessness. Susan Jeffers - FEEL THE FEAR AND DO IT ANYWAY
- Unlike the exotic ‘altered states of consciousness’ that we read so much about, mindfulness and mindlessness are so common that few of us appreciate their importance or make use of their power to change our lives. This book is about the price we pay for mindlessness: the psychological and the physical costs. More important, it is about the benefits of mindfulness. Those benefits are greater control over our lives, wider choice, and making the seemingly impossible possible.
- When we are behaving mindlessly, that is to say, relying on categories drawn in the past, endpoints to development seem fixed. We are then like projectiles moving along a predetermined course. When we are mindful, we see all sorts of choices and generate new endpoints. Ellen J. Langer - MINDFULNESS: CHOICE AND CONTROL IN EVERYDAY LIFE
'You can easily understand that when a father initiates his son into this science, the son, along with his oath of silence, must take a vow of complete continence. That's why the son can only be initiated when he is already married and has several sons of his own, in order that there be no interruption in the chain of knowledge. But just show me a Western physician who would be willing to live a life of complete continence for the sake of this knowledge! On the contrary, it has been our experience that the majority of your physicians want to use their knowledge to earn as much money as possible in order to be able to satisfy their animal instincts to the maximum extent. 'Many Western physicians have visited us and tried all kinds of persuasion to get us to part with our secrets. We saw that with these secrets they merely wanted to earn piles of money, satisfy their vanity, or become famous. It is a sad fact that the foreign power in this country even went to the extent of torturing several of our Ayurvedic physicians in a fruitless effort to get them to reveal their secrets. Ever since then, foreigners in India do not meet any Ayurvedic physicians, simply because none of the latter will admit that he is one or that he possesses any special knowledge. We were forced to wear masks and become "mysterious orientals". We had to pay a high price to learn this lesson. 'Nevertheless I can tell you this much: All through the years there have been foreign physicians who for high-minded, truly humanitarian reasons sought to acquire our knowledge and were willing to take the oath of Brahmacharya (continence). These doctors have received initiation and are working with us. On the other hand, they keep their knowledge just as secret as we do. When humanity has progressed to such a point that the majority of doctors are willing to forego their sexual lusts in order to be able to heal, Indian Ayurvedic physicians will be willing to reveal this secret knowledge to them. At present, however, people in the West use all of their inventions to harm each other. Take dynamite, for example, and aeroplanes. What have they done with these things? Made them into new weapons! What would they do if they knew the secret of cosmic energy and of the still higher vital energy? They'd merely figure out new ways to kill each other off and earn still more money! War is business! and what's this business for? Why do people run after more and more money? In order to indulge their sexual pleasures, lusts and perversities to a greater extent. You ask why we do not reveal our secrets! The answer is that foreign doctors really do not want them. When they hear that they would have to give up their lusts in order to acquire this knowledge, they lose interest right away. They simply cannot believe that by paying such a cheap price they could learn the secret of all life. It's much easier for them not to bother to make a single attempt, but merely to poke ridicule at Orientals. Elisabeth Haich - INITIATION
- You have entirely deserted the path indicated by Nature, and built up an artificial system, which is fit for nothing but to swindle the public and to prey upon the pockets of the sick. Tour safety is due to the fact that your gibberish is unintelligible to the public, who fancy that it must have a meaning, and the consequence is that no one can come near you without being cheated. Your art does not consist in curing the sick, but in worming yourself into the favour of the rich, in swindling the poor, and in gaining admittance to the kitchens of the noblemen of the country. You live upon imposture, and the aid and abetment of the legal profession enables you to carry on your impostures, and to evade punishment by the law. You poison the people and ruin their health; you are sworn to use diligence in your art but how could you do so, as you possess no art, and all your boasted science is nothing but an invention to cheat and deceive? You denounce me because I do not follow your schools; but your schools can teach me nothing which would be worth knowing. You belong to the tribe of snakes, and I expect nothing but poison from you. You do not spare the sick: how could I expect that you would respect me, while I am cutting down your income by exposing your pretensions and ignorance to the public?
- Nothing in the world happens without a cause. The ignorant physicians are the servants of hell, sent by the devil to torment the sick; but the true physician is God. God does nothing in an unnatural manner, and if He produces wonders, He produces them through human agencies. God does not go about practising medicine or come to see a patient; if He comes to him, He comes in the shape of a man. If a town possesses a good physician, people may look upon him as a blessing from God; but the presence of an ignorant or greedy doctor is a public calamity and a curse to all. But all bodily diseases will be cured at the legitimate hour, when the battle of life is ended and the angel of death opens the portal to the eternal kingdom of rest. . . - The body which we receive from our parents, and which is built up from the nutriments it draws directly and indirectly from the earth, has no spiritual powers, for wisdom and virtue, faith, hope, and charity, do not grow from the earth. These powers are not the products of man's physical organisation, but the attributes of another invisible and glorified body, whose germs are laid within man. . . - I have reflected a great deal upon the magical powers of the soul of man, and I have discovered great many secrets in Nature, and I will tell you that he only can be a true physician who has acquired this power. If our physicians did possess it, their books might be burnt and their medicines be thrown into the ocean, and the world would be all the more benefited by it. Paracelsus 1493-1541
Genius ... means little more than the faculty of perceiving in an unhabitual way.  
William James

- You must not lose faith in humanity. Humanity is an ocean; if a few drops of the ocean are dirty, the ocean does not become dirty.  
- In a gentle way you can shake the world.  
- You must be the change you wish to see in the world.  
- First they ignore you, then they laugh at you, then they fight you, then you win.  
- Whenever you are confronted with an opponent, conquer him with love.  
- I object to violence because when it appears to do good, the good is only temporary; the evil it does is permanent.  
- Nobody can hurt me without my permission.  
- You can chain me, you can torture me, you can even destroy this body, but you will never imprison my mind.  
- Nonviolence is a weapon of the strong.  
- God has no religion.  
Mahatma Gandhi

- The winners in this life know the rules of the game and have a plan, so that their efficiency is comparatively exponential to that of people who don’t. No big mystery, just fact.  
- Become one of those who get it. Break the code of human nature, and find out what makes other people tick. Learn why you and other people do what they do, and don’t do what they don’t.  
Philip C. McGraw - LIFE STRATEGIES: DOING WHAT WORKS, DOING WHAT MATTERS

- Care of the soul is a fundamentally different way of regarding daily life and the quest for happiness ... Care of the soul is a continous process that concerns itself not so much with ‘fixing’ a central flaw as with attending to the small details of everyday life, as well as to major decisions and changes.  
- Soul cannot thrive in a fast-paced life because being affected, taking things in and chewing on them, requires time. Thomas Moore - CARE OF THE SOUL: A GUIDE FOR CULTIVATING DEPTH AND SACREDNESS IN EVERYDAY LIFE

- We are born into the world of nature; our second birth is into the world of spirit.  
- But he who, with strong body serving mind, gives up his power to worthy work, not seeking gain, Arjuna! Such an one Is honourable. Do thine alloted task!  
- He whose peace is not shaken by others, and before whom other people find peace, beyond excitement and anger and fear - he is dear to me.  
- If thou wilt not fight thy battle of life because in selfishness thou art afraid of the battle, thy resolution is in vain: nature will compel thee.  
- I have given thee words of vision and wisdom more secret than hidden mysteries. Ponder them in the silence of thy soul, and then in freedom do thy will. BHAGAVAD-GITA  
- Contemplate the extent and stability of the heavens, and then at last cease to admire worthless things.  
- …lack of self-knowledge is natural in other living creatures, but in humans is a moral blemish.  
- So although the general picture may seem to you mortals one of confusion and turmoil because you are totally unable to visualize this order of things, all of them none the less have their own pattern, which orders and directs them towards the good.  
- This is why,’ she went on, ‘the wise man ought not to chafe whenever he is locked in conflict with Fortune, just as it is unfitting for the courageous man to be resentful when the din of battle resounds. For each of them the difficulty offers the opportunity; for the courageous man it is the chance of extending his fame, and for the wise man the chance of lending substance to his wisdom. Boethius - THE CONSOLATION OF PHILOSOPHY (6th century)

- Throughout nature, growth involves periodic accelerations and transformations: things go slowly for a time and nothing seems to happen - until suddenly the eggshell cracks, the branch blossoms, the tadpole’s tail shrinks away, the leaf falls, the bird molts, the hibernation begins. With us it is the same. Although the signs are less clear than in the world of feather and leaf, the function of transition times are the same.  
- Whether you chose your change or not, there are unlived potentialities within you, interests and talents that you have not yet explored. Transitions clear the ground for new growth. They drop the curtain so the stage can be set for a new scene. What is it, at this point in your life, that is waiting quietly backstage for an entrance cue?” William Bridges
MESSAGE FROM ROBERT MULLER SCHOOL
Former Assistant Secretary-General of the United Nations
One-dollar - a -year-Chancellor of the University for Peace
Since most governments still believe that their power and sovereignty are more important than the fate and sovereignty of planet Earth,
Since most business still believes that profits and wealth are more important than the survival and well-being of our planet,
Since most advertisers still believe that to programme people for overconsumption and waste is more advantageous than to respect and conserve natural resources,
We, the Peoples, have decided to take matters into our own hands to save our beautiful celestial home and ourselves, our children and our children's children in it.
And therefore hereby pledge:
To ask ourselves everyday this fundamental question : WHAT HAVE I DONE THIS DAY FOR THE PLANET ?
To live a simple and frugal life in order not to tax unduly the marvellous and inimitable resources of God's Creation,
To network according to these principles:
Use every letter you write
Every conservation you have
Every meeting you attend
To express your fundamental beliefs and dreams;
Affirm to others that vision of the world you want.
Network through thought
Network through action
Network through love
Network through the spirit.
You are the centre of the world,
You are alive,
You are a free, immensely powerful source of life and goodness.
Affirm it Spread it ! Radiate it !
Think day and night about it
And you will see a miracle happen, the greatness of your own life.
In a world of big powers, media, and monopolies
But of five billion individuals
Networking is the new freedom, the new democracy.
(Sent to Snowball Earth Repair Action, Australia

- We see you rejoicing in that which ye have amassed for others and shutting out yourselves from the worlds which naught except My guarded Tablet can reckon. The treasures ye have laid up have drawn you far away from your ultimate objective. This ill beseemeth you, could ye but understand it. Wash from your hearts all earthly defilements, and hasten to enter the Kingdom of your Lord, the Creator of earth and heaven, Who caused the world to tremble and all its peoples to wail, except them that have renounced all things and clung to that which the Hidden Tablet hath ordained. 79
- . . .Take heed lest pride debar thee from recognizing the Dayspring of Divine Revelation, lest earthly desires shut thee out, as by a veil, from the Lord of the Throne above and of the earth below. Thus counselleth thee the Pen of the Most High. . . 86
Rejoice with great joy, for God hath made thee "the Dayspring of His light", inasmuch as within thee was born the Manifestation of His Glory. Be thou glad for this name that hath been conferred upon thee - a name through which the Day-Star of grace hath shed its splendour, through which both earth and heaven have been illumined. 92
English translation of Holy Qitab I Aqdas – English translation provided by Baha'i World Center

Religion may deviate from its true aim, it may serve earthly interests and aims. But its origin lies in the search for truth and for God. P. D. Ouspensky
Religion is just a path for finding truth: Religion is not truth. It is just a path. And different people follow different paths. Anita Moorjani
MIRDAD: Have no fear for the Earth. Too young is she, and too overflowing are her breasts. More generations shall she suckle yet than you can count. Nor have anxiety for Man, the master of the Earth, for he is indestructible. Yea, inefaceable is Man. Yea, inexhaustible is Man. He shall go into the forge a man but shall emerge a god.
- Therefore do I counsel you to war upon your heart so as to make it single. The prize of victory is everlasting Peace. When you can see, O prince, in any stone a throne; and find in any cave a castle, then too glad is the Sun to be your throne, and the constellations to be your castles. When any daisy in the field is fit to serve you for a medal; and any worm to be for you a teacher, then joyful are the stars to pose upon your chest, and ready is the Earth to be your pulpit. When you can rule your heart, what matters it to you who nominally rules your body? When all the Universe is yours, what matters it who has dominion over this or that tract of the Earth?

CHAPTER THIRTY-SEVEN

THE MASTER WARNS THE CROWDS OF THE FLOOD OF FIRE AND BLOOD, POINTS THE WAY OF ESCAPE, AND LAUNCHES HIS ARK

MIRDAD: What seek you of Mirdad? A golden jeweled lamp to decorate the altar? But neither is Mirdad a goldsmith, nor a jeweler, albeit he be a lighthouse and a haven.
Or seek you talismans to ward off evil eyes? Aye, talismans in plenty has Mirdad, but of another kind.
Or seek you light that you may safely walk each in his appointed path? How very strange, indeed! Have you the sun the moon, the stars yet fear to stumble and to fall? Then were your eyes unfit to serve as guides.; else were the light too scanty for the eyes. And who of you would do without his eyes? Who would accuse the sun of being niggardly?
Of what avail the eye that keeps the foot from stumbling on its par, but leaves the heart to stumble and to bleed as it gropes vainly for a path?
Of what avail the light that overfills the eye, yet leaves the spirit void and unilluminated?
What seek you of Mirdad? If it be seeing hearts, and spirits bathed in light that you desire and clamor for, then verily you clamor not in vain. For my concern is with the spirit and the heart of Man. What brought you as an offering unto this Day, which is a day of glorious overcoming?
Brought you he-goats, and rams and bullocks? How very cheap the price you would pay for the deliverance! Rather how very cheap is the deliverance you would buy.
It were no glory for a man to overcome a goat. And verily it is a great disgrace for any man to offer up a poor goat's life in ransom for his own.
What have you done to share in the spirit of this Day, which is a day of Faith unfurled and Love supremely justified?
Aye, to be sure, you have performed a multiplicity of rites, and mumbled many prayers. But doubt accompanied your every move, and hatred said 'Amen' to every prayer.
Are you not here to celebrate the conquest of the Flood? How come you celebrate a victory which left you vanquished? For in subduing his own deeps Noah subdued not your deeps, but only pointed out the way. And, lo your deeps are full of rage and threaten to shipwreck you.
Ere you have overcome your flood; you are not worthy of this Day.
Each of you is a flood, and Ark and a commander. And till you reach the day when you can disembark unto a freshly washed and virgin earth be not in haste to celebrate the victory.
You would know how it came about that Man become a flood unto himself.
When Holy Omniwill clove Adam into twain that he may know himself and realize his oneness with the One, then he became a male and a female an he-Adam and a she-Adam. Then was he deluged with desires which are the offspring of Duality – desires so numerous, so infinite of hues, so very great of magnitude, so profligate and so prolific that till this day Man is a derelict upon their waves. No sooner does a wave lift him to dizzy heights than does another drag him to the bottom. For his desires are paired as he himself is paired. And though two opposites but complement each other in reality, yet to the ignorant they seem at grips and blows and never willing to declare even a moments truce.
That is the flood that Man is called to breast hour-by-hour, day-by-day, throughout his very long and arduous dual life.
That is the flood whose mighty fountains gushes out of the heart and sweep you in their rush. That is the flood whose rainbow shall not grace your sky until your sky be wedded to your earth and made with it as one.
Since Adam sowed himself in Eve men have been reaping whirlwinds and floods. When passions of a kind preponderate, then is the life of men thrown out of balance, and then are men engulfed
in one flood or another inorder that a balance be established. And never shall the balance be adjusted till men have learned to knead all their desires in the kneading trough of Love and bake of them the bread of Holy Understanding.

The flood that overwhelmed the Earth in Noah’s days was not the first nor last humanity has known. It only set a high mark in the long succession of devastating floods., the flood of fire and blood which is about to break upon the Earth shall surely pass the mark. Are you prepared to float, or shall you be submerged?

Alas! You are too busy adding weight on weight; too busy drugging your blood with pleasures rife with pain; too busy charging roads that lead you to nowhere; to busy picking seed in the backyards of the storerooms of Life without somuch as peeping through the keyhole. How will you not go under, O my waifs?

You, born to soar aloft, to roam the boundless space, to fold the universe within your wings, have cooped yourselves in coops of snug conventions and beliefs that clip your wings, impair your sight and petrify your sinews. How shall you override the coming flood, my waifs?

Except you heed Mirdad, the Earth shall never beto you more than a tomb, the Sky more than a shroud. Whereas the one was fitted out to serve you for a cradle, the other, for a throne.

Again I say to you, You are the flood, the Ark and the commander. Your passions are the flood. Your body is the ark. Your faith is the commander. But penetrating all is your will. And hovering over all is your understanding.

Make certain that the Ark be stanch and seaworthy; but do not waste your life on that alone; else will the time for sailing never come, and in the end both you and your Ark will rot and be submerged upon the spot. Make certain of the captain’s competence and calm. But above all learn to seek out the sources of the flood, and train your will to dry them one by one. Then surely will the flood abate and finally spent itself.

Burn out a passion ere it burns you out.

Nor scrutinize a passion’s face if it be comely or unsightly. More comely was to Eve the Serpent’s face than was the face of God.

Nor put a passion in the scales to ascertain its weight. Who would compare in weight a diadem with a mountain? Yet, verily, the diadem is heavier by far than the mountain. And there be passions that carol celestial lays by day, but hiss and bite and sting under the pall of night; and passions fat and over-weighted with joy that quickly turn to skeletons of sorrow and passions soft of eye and docile of demeanor that suddenly become more ravenous than wolves, more treacherous than hyenas and passions scenting sweeter than a rose so long as left alone, but stinking worse than carrions and skunks so soon as touched and plucked.

Sift not your passions into good and bad, for that is labour lost. The good cannot endure without the bad; and the bad can strike no roots save in the good.

One is the tree of Good and Evil. One is the fruit thereof. You cannot know the taste of Good without at once knowing the taste of Evil.

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The pap from which you suck the milk of Life the same it is that yields the milk of Death. That hand rocks you in the cradle is but the very hand that digs your grave.

That is my waifs, the nature of Duality. But not so vain and obstinate as to attempt to change it. Be not so foolish as to try to split it into halves that you may take the half you like and cast the other out.

Would you be masters of Duality? Treat it as neither good nor evil.

Has not the milk of life and death turned sour in your moths? Is it not time you rinsed your mouths with something that is neither good nor bad because surpassing both? Is it not time you yearned for the fruit which is nor sweet nor bitter because not grown upon the tree of Good and Evil?

Would you be free from the clutches of Duality? Then pluck its tree – the tree of Good and Evil – out of your hearts. Aye, pluck it root and branch that the seed of Life Divine, the seed of Holy Understanding which is beyond all good and evil, may germinate and sprout instead thereof.

A cheerless message is Mirdad you say. It robs us of the joy of waiting on the morrow. It makes us dumb, disinterested witness in life, when we would be vociferous contestants. For sweet is to
contest no matter what the stakes at issue. And sweet to venture on a chase even though the quarry be nothing more than a will-of-the-wisp.
So say you in your hearts, forgetting that your hearts are not yours at all so long as good and evil passions hold their reins.
To be the masters of your hearts knead all your passions – good and bad – in the single trough of Love and you may bake them in the oven of Holy Understanding where all duality is unified in God.

Cease not to trouble a world already over troubled.

How do you hope to draw clean water from a well wherein you dump incessantly all kinds of rubbish and of mud? How shall the waters in the pool ever be clear and still if you disturb them every moment?
Draw no drafts for calm upon a troubled world lest you be drawing drafts on trouble.
Draw no drafts for love upon a hating world lest you be drawing drafts on Hate.
Draw no drafts for life upon a dying world lest you be drawing drafts on Death. The world can pay you in no other coin except its own which is a two-faced coin.
But draw upon yourselves. Nor make demands on any man which you allow him not to make on you.

And what is that which, if accorded you by all the world, would help you overcome your flood and disembark upon an earth divorced from pain and death and joined to heaven in everlasting Love and Peace of Understanding? Is it possessions, power, fame? Is it authority, and prestige and respect? Is it ambition crowned, and hope fulfilled? But each of these is but a fountainhead which nourishes your flood. Away with them, my waifs, away, away.

Be still that you may be clear. Be clear that you may clearly see the world.
When you see clearly through the world, then will you know how very poor and powerless it is to give you what you seek of freedom, peace and life.
All that the world can give you is a body – an Ark in which to sail the sea of dual life. And that you owe to no man in the world. The Universe is duty-bound to furnish it to you and to sustain it. To keep it trim and stanch to breast the flood, as trim and stanch was Noah’s Ark; to leash the beasts therein and have them well controlled, as Noah leashed his beasts and perfectly controlled them – that is your duty, and yours alone.

To have a faith bright-eyed and wide-awake which to put at the helm; a faith unshaken in the Omnipotence which is your guide to Eden’s blissful portals – that is your business, and yours alone. To have a dauntless will for a commander, a will to overcome and to partake of Holy Understanding’s Tree of Life – that is your business, and yours alone.

God-bound is Man. No destination short of that is worthy of his pain. What if the way be long and strewn with squalls an tales? Shall not pure-hearted, keen-eyed Faith outwit the squall and override the gale?

Make hast. For time bestowed on loitering is pain-infested time. And men, even the busiest, are loiterers, indeed.

Shipbuilders are you all. And sailors are you all. That is the task assigned you from eternity that you may sail the boundless ocean, which is you and therein find that voiceless harmony of being whose name is God.
All things must have a center from which to radiate and round which to revolve.
If life – Man’s life – be a circle, and God-finding be thereof the centre, than all your work must be concentric with that centre, else where it loitering, though it be drenched in crimson perspiration.
But since to lead Man to his destiny is the business of Mirdad, behold! Mirdad has fitted out for you a wondrous Ark, and Ark well built and well commanded. Not one of gopher wood and pitch; nor one for ravens, lizards and hyenas. But one of Holy Understanding which shall indeed be a beacon for all who yearn to Overcome. Her love for everything and all. Nor shall her cargo be lands and chattels, or silver, gold and jewels, but souls divorced from their shadows and mantled in the light of freedom of Understanding.
Let those who would break their moorings from the Earth; and those who would be unified; and those who yearn to overcome themselves – let them come aboard.
The Ark is ready.
The wind is favoring
The sea is calm.
So taught I Noah
So I teach you.
Naronda: When the Master stopped, a rustling went through the hitherto motionless assembly as if they had held their breath throughout the Master’s words.

Before descending upon the altar steps the Master called for the Seven and the harp, and with their aid began to sing the hymn of the New Ark. The crowd caught up the melody, and like a mighty wave swelled heavenward the sweet refrain, God is your captain, sail, my Ark! Mikhail Naimy 1889 - 1988 THE BOOK OF MIRDAD

- No hells or heavens has Mirdad to offer you, but Holy Understanding which lifts you far beyond the fire of any hell and the luxuriance of any heaven. Not with the hand, but with the heart must you receive the gift. For that the heart must needs be disencumbered of every stray desire and will, save the desire and will to understand.

No strangers are you to the Earth; nor is the Earth to you a stepmother. But a very heart of your very heart are you, and a very backbone of her every backbone. Glad is she to bear you on her sturd, broad and steady back. Why do you insist on bearing her upon your puny, fallen chests and moan, and puff and gasp for breath in consequence?

Flowing with milk and honey are the udders of the Earth. Why do you let both sour with your greed by taking of them more than you need?

Serene and comely is the face of the Earth. Why would you mar and ruffle it with bitter strife and fear?

A perfect unit is the Earth. Why do you persist in disremembering her with swords and boundary-marks?

Obedient and carefree is the Earth. Why are you so full of care and insubordination?

Yet more enduring are you than the Earth, than the Sun and all the spheres in the heavens. All shall pass away, but you shall not. Why tremble you as leaves in the wind?

If nothing else can make you feel your oneness with the Universe, the Earth alone should make you feel it. Yet Earth herself is but the mirror wherein your shadows are reflected. Is the mirror more than the mirrored? Is the shadow cast by a man more than the man?

Rub your eyes and be awake. For you are more than earth. Your destiny is more than to live and die and to provide abundant food for the ever-hungry jaws of Death. Your destiny is to be free from living and from dying; from Heaven and Hell and all the warring opposites incumbent on Duality. Your destiny is to be fruitful vines in the eternally fruitful vineyard of God.

Mikhail Naimy - THE BOOK OF MIRDAD

(Human beings (manussa loka) You are here (for now). Rebirth as a human being is extraordinarily rare (see SN LVI.48). Cause of Rebirth - The development of virtue and wisdom. The attainment of guarantees that all future rebirths will be in the human or higher realms.)

- On the human (manussa) level of the kàma-loka there is pain and pleasure, good and evil, hatred and love. It is the sphere of opposites, from which we, as free agents, have to make our own choices for the fulfillment of our evolution. All the lokas must be regarded as planes of consciousness which are attainable... in the physical body.

In effect while still on earth we can raise ourselves to the plane of our choice and will inevitably remanifest there when the term of earthly existence is ended. But any law, to be a true universal principle, must operate both ways; we cannot logically expect the cosmic law to work only in our favour. If it did, there would be no point in man’s freedom of choice in moral issues. Where it is open to man to go upward, forward, it must be open to him to descend in the scale of spiritual evolution also.

Greed, hatred, sensuality and inertia all have their appropriate spheres of manifestation and their corresponding corporeal forms. When these types of consciousness arise more frequently than their spiritual opposites of generosity, love, purity and energy, they create the form of the next birth. It is at death that the Jekyll and Hyde metamorphosis takes outward effect, not by any process of transmigration, or passing of a soul from one body to another, but in accordance with the subtle and universal law of causality that rules the cosmos....

The lower planes of the spirit world are peopled by creatures imperfect in form and sub-human in the intellect, the direct result of misuse of their faculties during earthly life. Spirits such as these linger about the places with which they were associated in life, drawn thither by the strong force of attachment, and they are able to make use of psychically defenceless persons to make their contact with the world for which they crave. Themselves living in a dim and cheerless world, they seek to share the life they once knew, as a cold and homeless traveller looks with longing into a warm and comfortable room, where friends are seated round a glowing fire.

“The 31 Planes of Existence” – Ven. Suvanno Mahathera (The thirty-one planes of existence: as transcribed from Bhante Suvanno’s cassette recordings / by Jinavaüsa - Published by Inward Path Penang • Malaysia, An Inward Journey Book - IJ058/01 - Printed in Conjunction with Kathina 2001 (B.C. 2545) of Mahindarama Buddhist Temple (Sri Lanka)
Birth is regulated by the deeds of the present life - the deeds which make up his character. If his character is dominated by light, he achieves a higher birth, that of a deva or of a sage; if by passion, he is returned to earth as a demon or as a man; and if by darkness he is born from the lower wombs. Srimad Bhagvatam 11.15 -

Leaving the dead body on the ground like a log of wood or a clod of earth, the relatives depart with averted faces; but spiritual merit follows the soul. - Let him therefore always slowly accumulate spiritual merit, in order that it may be his companion after death; for without merit as his companion he will traverse a gloom difficult to traverse. - That companion speedily conducts the man who is devoted to duty and effaces his sins by austerities, to the next world, radiant and clothed with an ethereal body. Hinduism. Laws of Manu 4.241-43

Then I saw a great white throne and Him who sat upon it; from His presence earth and sky fled away, and no place was found for them. And I saw the dead, great and small, standing before the throne, and books were opened. Also another book was opened, which is the book of life. And the dead were judged by what was written in the books, by what they had done.

Bible, Revelation 20.11-12 - Christianity

After you depart this life, God shall demand a reckoning of your deeds That in His ledger are recorded. Those that are rebellious, shall be summoned. Azrael, the angel of death, will hover over them, And trapped in a blind alley they will know not any escape. Saith Nanak, Falsehood must be destroyed; Truth in the end shall prevail. Adi Granth, Ramkali-ki-Var 13, M.1, - Sikhism

- The Trumpet will be sounded, and whoever is in heaven and whoever is on earth will be stunned, except for someone God may wish. Then another [blast] will be blown and behold, they will stand there watching! The earth will shine through its Lord's light and the Book will be laid open. Prophets and witnesses will be brought in, and judgment will be pronounced among them formally, and they will not be harmed. Every soul will be repaid for whatever it has done; He is quite aware of what they are doing.

- The ones who have heeded their Lord will be driven along to the Garden in throns until just as they come up to it, its gates will swing open and its keepers will tell them, "Peace be upon you! You have been good, so enter it to remain there." They will say, "Praise be to God who has held true to His promise for us and let us inherit the earth! We shall settle down anywhere we wish to in the Garden. How favored are such workers' wages! Qur'an

I testify that Thou art the Lord of all creation, and the Educator of all beings, visible and invisible. I bear witness that Thy power hath encompassed the entire universe, and that the hosts of the earth can never dismay Thee, nor can the dominion of all peoples and nations deter Thee from executing Thy purpose. I confess that Thou hast no desire except the regeneration of the whole world, and the establishment of the unity of its peoples, and the salvation of all them that dwell therein. Gleanings from the Writings of Baha'u'llah 115 - Baha'i Faith

Some call on the Lord, "Rama," some cry, "Khuda," Some bow to Him as Gosain, some as Allah; He is called the Ground of Grounds and also the Bountiful, The Compassionate One and Gracious. Hindus bathe in holy waters for His sake; Muslims make the pilgrimage to Mecca. The Hindus perform puja; others bow their heads in namaz. There are those who read the Vedas and others--Christians, Jews, Muslims--who read the Semitic scriptures. Some wear blue, some white robes, Some call themselves Muslims, others Hindus. Some aspire to baihsat (Muslim heaven), some to swarga (Hindu heaven). Says Nanak, Whoever realizes the will of the Lord, He will find out the Lord's secrets! Adi Granth, Ramkali, M.5, p. 885 - Sikhism

And unto thee We revealed the Scripture with the truth, confirming whatever Scripture was before it, and a watcher over it. So judge between them by that which God has revealed, and follow not their desires apart from the truth which has come unto thee. For each We have appointed a divine law and a traced-out way. Had God willed He could have made you one community. But that He may try you by that which He has given you, He made you as you are. So vie one with another in good works. Unto God you will all return, and He will then inform you of that wherein you differ. Qur'an 5.44, 46-48 - Islam

So Paul, standing in the middle of the Areopagus, said, "Men of Athens, I perceive that in every way you are very religious. For as I passed along, and observed of your worship, I found also an altar with this inscription, 'To an unknown god.' What therefore you worship as unknown, this I proclaim to you. The God who made the world and everything in it, being Lord of heaven and earth, does not live in shrines made by man, nor is he served by human hands, as though he needed anything, since he himself gives to all men life and breath and everything. And he made from one every nation of men to live on the face of the earth, having determined allotted periods and the boundaries of their habitation, that they should seek God, in the hope that they might feel after him and find him. Yet he is not far from each one of us, for 'In him we live and move and have our being'; as even some of your poets have said, 'For we are indeed his offspring.' Bible, Acts 17.22-28 - Christianity
As men approach Me, so I receive them. All paths, Arjuna, lead to Me. Bhagavad Gita - Hinduism

Confucius said... "In the world there are many different roads but the destination is the same. There are a hundred deliberations but the result is one."

I Ching, Appended Remarks 2.5 - Confucianism

At any time, in any form and accepted name, if one is shorn of all attachment, that one is you alone. My Lord! You are one although variously appearing.

Hemachandra, Dvatrimshika 29 - Jainism

They have called him Indra, Mitra, Varuna, Agni, and the divine fine-winged Garuda; They speak of Indra, Yama, Matrarisvan: the One Being sages call by many names.

Rig Veda 1.164.46 - Hinduism

Sometimes I [the Buddha] spoke of myself, sometimes of others; sometimes I presented myself, sometimes others; sometimes I showed my own actions, sometimes those of others. All my doctrines are true and none are false. Lotus Sutra 16 - Buddhism

The Buddha declared to the bodhisattva Aksayamati, "Good man, if there are beings in the land who can be conveyed to deliverance by the body of a Buddha, then the bodhisattva Avalokitesvara preaches the Truth by displaying the body of a Buddha.... To those who can be conveyed to deliverance by the body of Brahma [God the Creator] he preaches the Truth by displaying the body of Brahma. To those who can be conveyed to deliverance by the body of the god Shakra he preaches the Truth by displaying the body of the god Shakra. To those who can be conveyed to deliverance by the body of the god Ishvara [the personal God] he preaches the Truth by displaying the body of the god Ishvara.... To those who can be conveyed to deliverance by the body of an elder... a householder... an official... a woman... a boy or girl... a god, dragon, spirit, angel, demon, garuda-bird, centaur, serpent, human or non-human, he preaches Dharma by displaying the appropriate body.... The bodhisattva Avalokitesvara, by resort to a variety of forms, travels the world, conveying the beings to salvation." Lotus Sutra 25 - Buddhism

This is the land of the gods. The people should revere them. In my essence I [Amaterasu] am the Buddha Vairocana. Let my people understand this and take refuge in the Law of the Buddhas.

Revelation of the Sun Goddess to Emperor Shomu - Shinto

Rabbi Joshua said, "There are righteous men among the nations who have a share in the world to come." Tosefta Sanhedrin 13.2 - Judaism

- Listen with ears of tolerance! See through the eyes of compassion! Speak with the language of love.
- I LOVE my friends neither with my heart nor with my mind. Just in case... HEART might stop. MIND can forget. I Love them with my Soul. SOUL never stops or forgets.
- Find the sweetness in your own heart, then you may find the sweetness in every heart.
- Do you know what you are? You are a manuscript of a divine letter. You are a mirror reflecting a noble face. This universe is not outside of you. Look inside yourself; everything that you want, you are already that.
- The rose's rarest essence lives in the thorns.
- When you go through a hard period, When everything seems to oppose you, ... When you feel you cannot even bear one more minute, NEVER GIVE UP! Because it is the time and place that the course will divert! - - - - Be soulful. Be kind. Be in love.
- Whatever happens to you, don't fall in despair. Even if all the doors are closed, a secret path will be there for you that no one knows. You can't see it yet but so many paradises are at the end of this path...Be grateful! It is easy to thank after obtaining what you want, thank before having what you want.
- You have no idea how hard I've looked for a gift to bring You. Nothing seemed right. What's the point of bringing gold to the gold mine, or water to the ocean. Everything I came up with was like taking spices to the Orient. It's no good giving my heart and my soul because you already have these. So I've brought you a mirror. Look at yourself and remember me.
- Goodbyes are only for those who love with their eyes. Because for those who love with heart and soul there is no such thing as separation. Jalaludin Rumi

"One word frees us of all the weight and pain of life; that word is love." Sophocles

- You cannot force yourself to love anything or anybody.
- Love is an element which though physically unseen is as real as air or water.
- What we really love we cannot abuse, kill or enslave.
- New light, new knowledge and new results in human life and all it involves, are coming to this earth. THOUGHTS ARE THINGS Essays Selected From the White Cross Library by Prentice Mulford
We are the sweet cold water and the jar that pours. Jalaludin Rumi

There is, O monks, an unborn, unoriginated, uncreated, unformed. Were there not, O monks, this unborn, unoriginated, uncreated, unformed, there would be no escape from the world of the born, originated, created, formed. There is, O monks, a state where there is neither earth, nor water, nor heat, nor air; neither infinity of space nor infinity of consciousness, nor nothingness, nor perception nor non-perception; neither this world nor that world, neither sun nor moon. It is the uncreate. That, O monks, I term neither coming nor going nor standing; neither death nor birth. It is without stability, without change; it is the eternal which never originates and never passes away. There is the end of sorrow. Buddha

Rahula (son of Buddha) was trained in the Ten Precepts and monastic discipline and when he was eighteen, the Buddha decided that he was ready for meditation and then gave him advice on how to practise. "Rahula, develop a mind that is like the four great elements (earth, water, fire and air) because if you do this, pleasant or unpleasant sensory impressions that have arisen and taken hold of the mind will not persist. Just as when people throw faeces, urine, spittle, pus or blood on the earth or in the water, in a fire or the air, the earth, the water, the fire or the air is not troubled, worried or disturbed. So too, develop a mind that is like the four great elements. Develop love, Rahula, for by doing so ill-will will be got rid of. Develop compassion, for by doing so the desire to harm will be got rid of. Develop sympathetic joy, for by doing so, dislike will be got rid of. Develop equanimity, for by doing so sensory reaction will be got rid of. Develop the perception of the foul for by doing so, attachment will be got rid of. Develop mindfulness of breathing for it is of great benefit and advantage."

Mount higher than the highest height; descend lower than the lowest depth. Draw into yourself all sensations of everything created, fire and water, dry and moist, imagining that you are everywhere, on earth, in the sea, in the sky, that you are not yet born, in the maternal womb, adolescent, old, dead, beyond death. If you embrace in your thought all things at once, times, places, substances, qualities, quantities, you may understand God. Giordano Bruno

Love, embracing all beings: small and great, far and near, be it on earth, in the water or in the air. Love, embracing impartially all sentient beings, and not only those who are useful, pleasing or amusing to us. Nyanaponika Thera 1901-1994 - buddhist monk from Germany - THE FOUR SUBLIME STATES - Contemplations on Love, Compassion, Sympathetic Joy and Equanimity

Love is as real, as strong, as death. It has nothing to do with imagination, or sentiment, or romanticism; and naturally it has nothing to do with power, position, prestige. It is as still as the waters of the sea and as powerful as the sea; it is like the running waters of a rich river flowing endlessly, without a beginning or an end. But the man who kills the baby seals, or the great whales, is concerned with his livelihood. He would say, 'I live by that, that is my trade.' He is totally unconcerned with that something which we call love. He probably loves his family - or he thinks he loves his family - and he is not very much concerned with how he gains his livelihood. J. Krishnamurti

Love is not a virtue. Love is a necessity; more so than bread and water; more so than light and air. Let no one pride himself on loving. But rather breathe in love and breathe it out just as unconsciously and freely as your breathe in the air and breathe it out You live that you may learn to love. You love that you may learn to live. No other lesson is required of Man. Mikhail Naimy

Love - is anterior to Life, Posterior - to Death Initial of Creation, and the Exponent of Earth. Emily Dickinson

As a man traversing the whole earth, finds not anywhere an object more loveable than himself; therefore, since the self is so universally loved by all, the man who loves himself so much, should do no injury to others. Buddha

Let your love flow outward through the universe, to its height, its depth, its broad extent, a limitless love, without hatred or enmity. Then as you stand or walk, sit or lie down, as long as you are awake, strive for this with a one-pointed mind; Your life will bring heaven to earth. Buddha

Through your work on earth you can make your contribution to the happiness of all. Chief - White Eagle - THE QUIET MIND

I am not here on earth for strife, Love is the mission of my life. Hearts are the home of the loved one; I came here to build each true heart. Yunus Emre 1240-1320
Don Juan's voice was very clear. It seemed to trigger something in me and I began to write. "Genaro's love is the world," he said. "He was just now embracing this enormous earth but since he's so little all he can do is swim in it. But the earth knows that Genaro loves it and it bestows on him its care. That's why Genaro's life is filled to the brim and his state, wherever he'll be, will be plentiful. Genaro roams on the paths of his love and, wherever he is, he is complete." Don Juan squatted in front of us. He caressed the ground gently. "This is the predilection of two warriors," he said. "This earth, this world. For a warrior there can be no greater love." Don Genaro stood up and squatted next to don Juan for a moment while both of them peered fixedly at us, then they sat in unison, cross-legged. "Only if one loves this earth with unbending passion can one release one's sadness," don Juan said. "A warrior is always joyful because his love is unalterable and his beloved, the earth, embraces him and bestows upon him inconceivable gifts. The sadness belongs only to those who hate the very thing that gives shelter to their beings." Don Juan again caressed the ground with tenderness. "This lovely being, which is alive to its last recesses and understands every feeling, soothed me, it cured me of my pains, and finally when I had fully understood my love for it, it taught me freedom." Carlos Castaneda - TALES OF POWER

Keep your feet on the earth but lift your face towards the heavens, for the light which floods into you. Chief White Eagle - THE QUIET MIND

- Since the tapestry of all time has already been woven, everything I could ever want to happen in my life already exists in that infinite, nonphysical plane. My only task is to expand my earthly self enough to let it into this realm. So if there’s something I desire, the idea isn’t to go out and get it, but to expand my own consciousness to allow universal energy to bring it into my reality here.
- I understood that at the core, our essence is made of pure love. We are pure love—every single one of us. How can we not be, if we come from the Whole and return to it? I knew that realizing this meant never being afraid of who we are. Therefore, being love and being our true self is one and the same thing! Anita Moorjani - DYING TO BE ME: My Journey from Cancer, to Near Death, to True Healing

It is the law; and the same law that is in the water is in the mind. No man can improve upon the established law of things, but he can learn to understand the law instead of complaining, and wishing things were different. The man who understands all that is involved in the regeneration of his mind will “glory in tribulations,” knowing that only by passing through them can he gain strength, obtain purity of heart, and arrive at peace. And as the engineer at last (perhaps after many mistakes and failures) succeeds in getting the stream to flow on peacefully in the broader and better channel, and the turbulence of the water is spent, and all dams can be removed, so the man of resolution at last succeeds in directing his thoughts and acts into the better and nobler way to which he aspires, and temptations and trials give place to steadfast strength and settled peace. James Allen - ABOVE LIFE'S TURMOIL

- All life is one, but it has a variety of manifestations. The grown flower is not something distinct from the tree: it is a part of it; is only another form of leaf. Steam is not something apart from water: it is but another form of water. And in like manner good is transmuted evil: the saint is the sinner developed and transformed. The sinner is one whose understanding is undeveloped, and he ignorantly chooses wrong modes of action.
- As the ocean is composed of drops, the earth of grains, and the stars of points of light, so is life composed of thoughts and acts; without these, life would not be.
- Little kindnesses, generosities, and sacrifices make up a kind and generous character. Little renouncements, endurances, and victories over self make up a strong and noble character. The truly honest man is honest in the minutest details of his life. The noble man is noble in every little thing he says and does.
- While a man is absorbed in the contemplation of inward realities he is receiving knowledge and power; he opens himself, like a flower, to the universal light of Truth, and receives and drinks in its life-impacting rays; he also goes to the eternal foundation of knowledge and quenches his thirst in its inspiring waters. Such a man gains, in one hour of concentrated thought, more essential knowledge than a whole year’s reading could impart. Being is infinite and knowledge is illimitable and its source inexhaustible, and he who draws upon the innermost depths of his being drinks from the spring of divine wisdom which can never run dry, and quaffs the waters of immortality.

“Come out of the world - come above it -
Up over its crosses and graves;
Though the green earth is fair and I love it,
We must love it as masters, not slaves,
Come up where the dust never rises -
But only the perfume of flowers -
And your life shall be glad with surprises
Of beautiful hours.” James Allen - BYWAYS TO BLESSEDNESS
- This tells us that NEW HUMANITY is near at hand. We build, without taking into account the fact that a NEW MASTER must come who may not approve at all of what we have built. Our 'social sciences', sociology, etc., have only man in view. Yet, as I have already pointed out many times, 'man' is a composite concept, including in itself different categories of men whose paths are completely different. And the future belongs not to man but to superman, who is already born and lives among us. A higher race is rapidly arising from the bulk of humanity, and it is arising through its own peculiar, understanding of the world and of life.

It will truly be a HIGHER RACE - and there will be no possibility of any falsification, any substitution, any usurpation. Nor will it be possible for anything to be bought, nor appropriated by deceit or force. And not only is this race coming, but it is already here.

Men approaching the transition to this new race are already beginning to recognize one another; watchwords, signs and countersigns are already being established. . . . And maybe the social and political problems, so acutely thrust forward by our times, will be solved on quite a different plane and in a totally different manner than we think - namely, by the appearance on the stage of a new race, CONSCIOUS OF ITSELF, which will then judge the old race.

- The possibility of manifestation of cosmic consciousness cannot be artificially grafted. A man is born with it or without it. This possibility may be suppressed or developed, but it cannot be created. Not everyone can learn to distinguish the true from the false. But even those who may have this ability will not get it as a free gift. It is the result of great labour, great work, demanding daring both in thought and feeling.

But free thought cannot be confined within any limits. The true motion which lies at the basis of everything is the motion of thought. True energy is the energy of consciousness. And truth itself is motion and can never come to rest, to the end of seeking.

- But the problem of love is usually accepted in modern philosophies of life as something given, something already understood and known. Different systems introduce comparatively few differences into the understanding of love. And, although in reality love is for us as great a mystery as death, for some reason we notice it much less forcibly. We have evolved a series of stereotyped views on love, and men meekly accept one or another of these stereotyped views. Art, which from its very nature should have much to say on the subject, pays great attention to love; love has perhaps always been and is the principal subject of art. But even an limits itself, on the whole, to mere descriptions and a psychological analysis of love, rarely touching the depths of love, that contact with the eternal and the infinite which it holds for man.

In reality love is a cosmic phenomenon, in which people, mankind, are merely accidental; a cosmic phenomenon as little concerned with either the lives or the souls of men as the sun is concerned in shining so that, by its light, men may go about their trivial affairs and use it for their own ends. If men could understand this, be it only with one pan of their consciousness, a new world would open up before them and it would become very strange for them to look at life from all the usual angles.

- They would understand then that love is something quite different, and of a different order from the small events of earthly life.

- Love, in relation to our life, is a Deity, now stern, now benevolent, but never submitting to us, never consenting to serve our aims. Men strive to subjugate love to themselves, to force it to serve their aims, both spiritual and material. But love cannot be subjugated to anything and it wreaks merciless vengeance on the puny mortals who strive to subjugate God to serve their own ends. It confuses all their calculations and makes them do what they have never expected. It forces them to serve it, to do what it wants.

Mistaken about the origin of love, men are mistaken about its result. Both positivist and spiritualist morality equally admit only one possible result of love - children, the propagation of species. But this objective result, which may or may not happen, is in any case only the result of the external, objective side of love, of the material fact of impregnation. If one does not see in love anything beyond the material fact and the desire for it, this is how it should be. But in reality love does not in any way consist of the material fact, and results of love, apart from the material, may manifest themselves on quite a different plane. This different plane in which love operates, and the ignored, hidden results of love are not difficult to understand even from a strictly positivist, scientific point of view.

- But even without touching upon the purpose of mankind's existence, within the limits of what we can know, we must admit that all the creative activity of mankind is the outcome of love. Our whole world turns around love as its centre. Love opens up in man sides he was not aware of in himself. There is much in love of the stone age and also of the witches' sabbath. Many men cannot be pushed by anything but love to crime,
to treason; only love can bring forth in them deeply hidden feelings which they considered long extinct in themselves. In love there is concealed a tremendous amount of egotism, vanity and self-pride. Love is a great force that tears off all masks. And people who run away from love, run away in order to keep their masks.

If creation, the birth of ideas, is the light which comes from love, then this light comes from a great flame. In this everlasting flame, in which all mankind and the whole of the world are burning, all the forces of the human spirit and genius are developed and refined; and perhaps it is precisely from this flame, or with the help of it, that a new force will spring into being which will lead those who follow it away from the shackles of matter.

If creation, the birth of ideas, is the light which comes from love, then this light comes from a great flame. In this everlasting flame, in which all mankind and the whole of the world are burning, all the forces of the human spirit and genius are developed and refined; and perhaps it is precisely from this flame, or with the help of it, that a new force will spring into being which will lead those who follow it away from the shackles of matter.

- No tyranny is more fierce than the tyranny of morality. Everything is sacrificed to it. And, naturally, nothing blinds one more than such a tyranny, such a 'morality'. And yet humanity needs morality, but of quite a different kind - a morality based on real data of higher knowledge. Humanity is passionately seeking it and perhaps will find it. Then, on the basis of this new morality a great division will take place, and the few who will be able to follow it will begin to rule the others, or will go away altogether. In any case, owing to the new morality and the forces it will bring in, contradictions of life will disappear and the biped animal, constituting the majority of mankind, will no longer be able to pose as man. The organized forms of intellectual knowledge are: science, based on observation, calculation and experience, and philosophy, based on the speculative method of reasoning and deduction. The organized forms of emotional knowledge are: religion and art. Religious teachings, taking on the character of 'sects' and thus departing from the original 'revelation' upon which they were founded, are entirely based on the emotional nature of man. Majestic temples, the gorgeous vestments of priests and clergymen, the pomp of religious rituals, processions, sacrifices, singing, music, dances - the aim of all these things is to incite a certain emotional state, to evoke in man certain definite feelings. Religious myths, legends, stories of the lives of gods and saints, prophecies, apocalypses, when they lose their original purpose of serving knowledge, pursue the same aim - they all act on imagination, on feeling. The purpose of all this is to give man a God, to give him morality, that is, to make accessible to him a definite knowledge of the hidden side of the world. Religion may deviate from its true aim, it may serve earthly interests and aims. But its origin lies in the search for truth and for God. . . The search for beauty is the aim of art, just as the search for God and truth is the aim of religion. Like art, religion no longer progresses when it ceases to seek God and truth and begins to think that it has found them. This idea is expressed in the Gospels: 'Seek . . . the kingdom of God and his righteousness . . .'. It does not say you will find, but only, seek.

Moreover, it should be borne in mind that the very division of science, philosophy, religion and art shows their incompleteness. A complete religion embraces religion, art, philosophy and science; a complete art embraces art, philosophy, science and religion; complete science, complete philosophy will embrace religion and art. A religion contradicting science and a science contradicting religion are equally false.

If we want to leave the three-dimensional world behind and advance further, we must first of all evolve some fundamental logical principles which would enable us to observe the relationships of things in the world of many dimensions and see in them a certain orderly interdependence rather than complete absurdity. If we enter there with logical principles of the three-dimensional world, they will drag us back, will not allow us to rise above the ground. We must first of all, throw off the fetters of our logic. This is the first, the great and the principal liberation towards which humanity should strive. A man who has thrown off the fetters of 'three-dimensional logic', has already passed in thought into another world. And this transition is not only possible but is being constantly accomplished. Unfortunately, we are not entirely aware of our rights to the 'other world' and often lose these rights, considering ourselves locked into this terrestrial world. And yet ways leading there exist. Poetry, mysticism, idealistic philosophy of all ages and peoples preserve traces of such transition. Following these traces we also can find the way. Ancient and modern thinkers have left us many keys with which we can unlock the mysterious doors, and many magical formulae before which these doors open by themselves. But we failed to understand the purpose of either the keys or the formulae; and we have lost the understanding of magical ceremonies and rituals of initiation in the Mysteries, which pursued only one aim - to help this transition in man's soul. P. D. Ouspensky
- 'Mother,' I asked her once, 'who are you really?' 'Who?' she asked in return, 'what is that who? There is only one being that is, and every person, every animal, every plant, and even every sun, every planet and every other heavenly body is only an instrument for the manifestation of this one and only being that is. How many "who's" would there be? The same self speaks through my mouth as through yours and through all living creatures. The only difference is that not every living creature knows perfectly its own self and consequently is not able to manifest all characteristics of the self. But anybody who knows the self completely and perfectly can manifest all the characteristics that exist in the universe, because all these characteristics are the various aspects of the one and only being that is, the one and only self. The external form which you see before you, thinking that it is 'I' is only an instrument through which the self manifests that particular aspect of itself that is necessary at any given time. So don't ask any more nonsense like "who" I am.' 'Mother,' I said, 'how have you come to know the "self" so completely and perfectly as to be able to manifest all its possible characteristics? I would like to be so far advanced too! Tell me! Through what experiences have you come in order to become such a versatile instrument for the manifestations of the one and only being that is? Or have you always been on this level? Were you born in this condition?'

'Born?' she echoed, 'I born? When have you ever seen that an "I" was born? Have you ever seen an "I"? The "I" has never been and never will be born, only the body. The true, divine self is perfection itself, so a development in it is not possible. Only the body must develop in order to be able to manifest higher and higher vibrations and higher and higher frequencies of the self. Even the most highly developed instrument, the most highly developed body, must go through this process, including mine, which by the way is still far from perfection. Everything is only a phase of development. The creation of a body is always a chain reaction - as such processes are called nowadays - and whenever a chain reaction has made a beginning, it runs through various periods until it comes to an end. No material form of manifestation can escape from this law. And parallel with the development of the body, the condition of consciousness naturally changes also: 'That means that you have had to go through a Don't live for the present; don't allow transitory things to influence you. Live in eternity, above time and space, above finite things. Then nothing can influence you.

- Yes, I knew that an invisible force radiates from the solar plexus of each human being, a force which can grow to giant strength when the person concerned really wants something with all his heart. It can even conquer the gravitational pull of the earth.

- Right here on earth people can reach this fulfilment, this salvation, this state of eternal bliss - or as Orientals call it, Nirvana. The door is open for every person when he finds the key.

- I once said to him, 'Father, I'd like to know so much about everything, just like you do!' 'When you are initiated,' he answered, 'all the secrets of Heaven and earth will be known to you.' I never forgot these words of his, and I waited patiently for the time when I too would be initiated. 'Look, my child, for you to understand many of the things here on earth, you must first know something about the earth's development. 'Just like all the celestial bodies in the universe and like all the forms of life on these celestial bodies, our earth is subject to the laws of constant change. The divinely creative forces radiate from the eternal infinite original source and in constantly expanding waves they penetrate the plane of matter. That is to say, matter is formed from these forces. This process reaches its highest point in ultra-matter, then automatically reverses itself. The process of spiritualization begins again and the matter is transformed into force. But this process takes aeons of time! The changes are going on regularly but so subtly and slowly that they cannot be noticed or observed in the course of a human life. On the other hand, some changes, which require thousands of years of slow and unnoticed preparation, occur suddenly and visibly when the proper time has come. Right now we are living in such a period of transition in which changes are noticeable. One of these phenomena is evident in the fact that various races of people with roundish skulls are led and governed by rulers in which the races of people living today. These people were conscious on the divine plane and manifested God here on earth without any admixture of the self-seeking characteristics of the body. In their divine purity, these people deserved the name "the Sons of God".

- Their entire life was based on spirituality, love, and selflessness. And they had no physical appetites, urges and passions to cast shadows on the spirit. The members of this high race possessed all the secrets of nature, and as they were perfectly acquainted with their own powers and kept these powers completely under the control of the spirit, they were also able to control and guide nature with all of its tremendous forces. Their knowledge was boundless. They did not need to earn their bread with physical toil and instead of earning their livelihoods with the sweat
of their brow, they put the forces of nature to work. 'They knew all the laws of nature, the mysteries of matter, the powers of the mind, and the secrets of their own being. They also knew the secret connected with the transformation of force into matter and of matter into force. They constructed devices and tools with which they could store up, set in motion, and utilize not only the forces of nature but also their own spiritual forces. They lived happily and peaceably as the dominant race in a great part of the earth.

'At the same time, however, other creatures similar to the Sons of God were also living on earth, but with much more material bodies and on a much lower plane of development. Obtuse in spirit, their consciousness was completely identified with the body. They lived in primeval jungles, struggling with nature, each other, and animals. These creatures were the ancestors of present-day men. The race of the sons of men you see in our country represent a cross between these two races. 'As I said a moment ago, the law of constant motion and change is at work throughout the universe. The earth is now going through a period in which the process of materialization is advancing. This means that the divinely creative power is moving farther and farther on into matter, and the power on earth is gradually falling more and more into the hands of ever more material races of people who were once under the guidance of higher, more spiritual races. Little by little the higher race is dying out. They are withdrawing from the plane of matter to the spiritual plane and they will leave humanity alone for a period of time - as time is reckoned on earth, many, many thousands of years - so that humanity may, without visible guidance, climb upward with its own power. 'And so it has come about that this animal-like material race of cave men is experimenting in accordance with divine laws, growing mightier and more powerful until the time comes for it to begin ruling the earth. Before leaving the earth, however, the higher race had to implant its special powers in the lower race. Through the operation of the laws of heredity, this will enable the lower race - after a long, long process of development - to arise out of matter again. This is why many sons of the divine race made the great sacrifice of begetting children with the daughters of primitive man. Through this first crossing of the races there have developed new individual types and, gradually, new races of people.

- 'Matter too is a manifestation of God, and so you must respect matter as something divine. But at the same time, you must be master over it. You must master the art of being able to acquire as many material things as you need for your earthly task. And remember well that as long as you are on earth, you'll have to be dealing with matter, not without it, and certainly not against it. It's necessary for you to be able to acquire and hold matter, to master it and use it wisely; for otherwise you're completely at the mercy of earthly powers and, under their control, unable to carry out your earthly task independently and freely. But take care lest the divine ability to master matter deteriorate into a selfish, satanic craving for possessions. 'As a co-worker in the great divine plan you can't allow yourself to be attached to anyone. Learn to recognize the divine, the earthly, and the demonic characteristics in everyone. Don't love the person, but love the divine within the person, tolerate the earthly, and go around the demonic. Whenever your task demands it of you, you must be able to leave without delay the person you love the most, because you must always remember that the lovable characteristics in him are God, not the person himself. The person is only an instrument for the manifestation of God. You can find and love the same manifestations in other people too. Love God in everyone; then you will not be attached to anyone. This not having ties must never be allowed to turn into general indifference and apathy concerning the people around you.

- When crowds of people enthusiastically cheer and applaud you, you must constantly carry in your consciousness the awareness that the people are not enthusiastic about your person - which is only an empty garment - but about God who has manifested himself through your earthly instrument. 'If in your application of the art of "appearing in public" you avoid the beguiling temptations of the devil of vanity, you won't be the least disturbed when, in fulfilling other tasks, it becomes your duty to remain completely unknown and unnoticed by other people. In such a case you must not display your talents, but rather disappear in the crowd as it were, without wanting to stand out or be noticed. However, this modest "remaining unnoticed" must never be allowed to degenerate into personal self-underestimation or self-destruction. In your heart you must always carry your worth as a human being. 'If you want to be a useful co-worker in the great divine plan, you must be able to achieve complete disregard for death. You must have the unshakeable conviction that there is no death at all. When your body has ceased to be usable, your self casts it off just as you cast off a worn-out piece of clothing. The self however is a branch on the tree of life, therefore life itself, and life is immortal. When you've become identical in your consciousness with life, you won't shrink back in fear of death whenever your task brings you into mortal danger. On the contrary, with complete equanimity and absolute contempt for death, you will be able to face the greatest danger. But never let contempt for death turn into disrespect for life. Elisabeth Haich - INITIATION (reading for all who love Life and Earth)
Any friend of freedom, is a friend of mine.

Don't you realize that you have been exploited? Don't you feel that you have been used?

Belief cannot take you to the truth because it puts you in to the darkness of ignorance but trust and experiment will take you to the self-realization, which is the door to the supreme power, supreme consciousness.

I invite all those masters please open themselves to the whole humanity from creating the mischief of Gurudom, don't confuse people, don't mislead the society and don't exploit the people for own personal use. You are a man, how you can be god, you can be realized one but when once you become the realized one, you can realize truth. When you become a god you have lost yourself as a human being, so I have come, I don't want to be a god, I don't want to be your master but I want to be a bridge.

If you have time, because you don't have time as you are so much busy, your life is not your life, either you have donated to someone to whom you believe, so your freedom is lost no more you are free, belief cannot have discovery and invention, belief cannot have experiences and cannot be experimented, because belief is not a science, belief is a belief which is called surrender and surrendering is also not a science, it is a religion so your all the gateway of self and supremes are closed. If you think that you are so intellectual you can think, observe and find out because you have been fooled, you can't practice whole life and you can't be doing the same things whole life because the spiritual leaders have become your destiny not a bridge not a milestone to reach your destiny.

I have a place for you because my heart is not a master, my mind is not a guru. I don't want to be your destiny, I don't want to be your priest and don't want to be worshipped by you because I am a nature, I am an ocean, I have become an ocean, I was descended from super consciousness to the space, and I have traveled from the space to the airy body, fiery body, watery and earthly body respectively, and myself has ascended from earth to nothingness because I have enjoyed the life of becoming an earth, becoming a river, becoming the fire, air and sky. Also all these nature elements have all the memory of your millions and millions of your memory of life and all other activities that had happened on this life, not asking anything but they are giving everything. If they are open to you, you are realized but not these masters who have become great scholars, philosophers and devotional mind, they are trying to wash your all the intellectuality and they want to keep you in their feet. I want to say "wake up and look to yourself and look into yourself and walk on the pilgrimage of you and yourself". There is inner mechanism, which is known as anthakaran, if you go on dropping each and everyone in the series, you will reach to your quantum. So I want your time, if you trust in yourself, but must be with adventurous mind, must be with your destiny and must be with yourself open. We are open to handover your liberation your freedom which is called Samadhi. To anyone whoever, whatever they are practicing or not, if you have a beautiful heart, we will help you to open to the ocean of samadhies and if you have experience of practicing concentration, meditation and devotion, you are welcome, but you must come with your freedom, don't carry anything and any memory of your any masters, any gurus, any logical and philosophical. JUST COME yourself, total freedom, dropping everything, you will get everything but in other way, you cannot be a looser because you become ocean. I am open for you to come I invite you for samadhi.

Life is already an art, nature is already an art, and nature has created a beauty of art of living. No human being can create so far you don't need to be an artificial art to live in this world, meditation is samadhi which is called life, religion is realization which is called life. You are all living with the art but now what you have to practice is liberation from all this. Liberate yourself from the art of livings, which has created attraction, a bandhan (bond), slavery and guilt of mind. You have traveled till now, it was art of your living and act of your mind; you don't need any more. Just liberate that will take you to the self. You need mind, you need budhi, you need ahm and you need your consciousness, but you don't need their activities and dimensions, so you have to travel back to the source of yourself, you have to merge, the river has to flow back to origin, where origin is samadhi, realization, sakshatkar, no one can give you, you have to walk yourself, someone is there as a bridge, that can be your master, the master will not be your destiny, you will be your destiny.

I welcome you looking forward for your liberation. I want to see you on the bank of your origin.

Nothing but feeling of “ONENESS” emerges in you.

AND TO KNOW YOURSELF IS THE BEGINNING OF KNOWING GOD.

Mahayogi Pilot Baba

Freedom is fragile and must be protected. To sacrifice it, even as a temporary measure, is to betray it. Germaine Greer
Every man is a slave except the Yogi. He is a slave to food, to air, to his wife, to his children, to a dollar, slave to a nation, slave to name and fame, and to a thousand things in the world. The man who is not controlled by any one of these bondages is alone a real man, a real Yogi. Each one of us has come out of one protoplasmic cell, and all the powers we possess were coiled up there. . .

The energy was there, potentially no doubt, but still there. So is infinite power in the soul of man, wether he knows it or not. Its manifestation is only a question of being conscious of it. Slowly this infinite giant is, as it were, waking up, becoming conscious of his power, and arousing himself; and with his growing consciousness, more and more of his bonds are breaking, chains are bursting asunder, consciousness of his infinite power and wisdom, the giant will rise to his feet and stand erect. Let us all help to hasten that glorious consummation. Swami Vivekananda

- I prefer liberty with danger than peace with slavery. Jean Jaques Rousseau

- A slave is one who waits for someone else to free him. Rosellen Brown

- As I would not be a slave, so I would not be a master. This expresses my idea of democracy. Whatever differs from this, to the extent of the difference, is no democracy. - The Collected Works of Abraham Lincoln edited by Roy P. Basler, Volume II, (August 1, 1858?), p. 532.

The basic test of freedom is perhaps less in what we are free to do than in what we are free not to do. It is the freedom to refrain, withdraw and abstain which makes a totalitarian regime impossible. - Eric Hoffer, The Passionate State of Mind, p 176, 1955

I am free, no matter what rules surround me. If I find them tolerable, I tolerate them; if I find them too onxious, I break them. I am free because I know that I alone am morally responsible for everything I do. - Professor Bernado de la Paz, The Moon is a Harsh Mistress, by Robert Heinlien

Too many people are only willing to defend rights that are personally important to them. It's selfish ignorance, and it's exactly why totalitarian governments are able to get away with trampling on people. Freedom does not mean freedom just for the things I think I should be able to do. Freedom is for all of us. If people will not speak up for other people's rights, there will come a day when they will lose their own. Tony Lawrence

To say "I accept" in an age like our own is to say that you accept concentration-camps, rubber truncheons, Hitler, Stalin, bombs, aeroplanes, tinned food, machine guns, putsches, purges, slogans, Bedaux belts, gas-masks, submarines, spies, provocateurs, press-censorship, secret prisons, aspirins, Hollywood films and political murder. - George Orwell (1903-1950), British author. "Inside the Whale," Inside the Whale and Other Essays (1940).

It is better to tolerate the rare instance of a parent refusing to let his child be educated, than to shock the common feelings and ideas by forcible asportation and education of the infant against the will of the father. Thomas Jefferson.

When an opponent declares, "I will not come over to your side," I calmly say, "Your child belongs to us already.... What are you? You will pass on. Your descendants, however, now stand in the new camp. In a short time they will know nothing else but this new community." - Adolf Hitler (1889-1945), German dictator. speech, Nov. 6, 1933. Quoted in William L. Shirer, "Education in the Third Reich," ch. 8, The Rise and Fall of the Third Reich (1959)

Secular schools can never be tolerated because such a school has no religious instruction and a general moral instruction without a religious foundation is built on air; consequently, all character training and religion must be derived from faith... We need believing people. Adolf Hitler

- 14 7. Religion - the desire to make converts to the cult. The primitive religions all sanctioned war. Only in recent times has religion begun to frown upon war. The early priesthoods were, unfortunately, usually allied with the military power. One of the great peace moves of the ages has been the attempt to separate church and state.

- And any attempt to shift parental responsibility to state or church will prove suicidal to the welfare and advancement of civilization. THE URANTIA BOOK

I believe there are more instances of the abridgment of freedom of the people by gradual and silent encroachments of those in power than by violent and sudden usurpations. James Madison
The history of liberty is a history of resistance. The history of liberty is a history of limitations of governmental power, not the increase of it. Woodrow Wilson Speech in New York, 09, 1912

Liberty means responsibility. That is why most men dread it. George Bernard Shaw

He that would make his own liberty secure, must guard even his enemy from oppression; for if he violates this duty, he establishes a precedent which will reach to himself. Thomas Paine 1737-1809

No constitution, no court, no law can save liberty when it dies in the hearts and minds of men. John Perkins

Your life and my life flow into each other as wave flows into wave, and unless there is peace and joy and freedom for you, there can be no real peace or joy or freedom for me. To see reality -not as we expect it to be but as it is - is to see that unless we live for each other and in and through each other, we do not really live very satisfactorily; that there can really be life only where there really is, in just this sense, love. Frederick Buechner

- The idea of freedom is the only true idea of salvation - freedom of everything, the senses, whether of pleasure or pain, from good as well as evil. More than this even. We must be free from death; and to be free from death, we must be free from life. Life is but a dream of death. Where there is life, there will be death; so get away from life if you would be rid of death.
- To acquire freedom we have to go beyond the limitations of this universe; it cannot be found here. Perfect equilibrium, or what the Christians call the peace that passeth understanding, cannot be had in this universe, nor in heaven, nor in any place where our mind and thoughts can go, where the senses can feel, or which the imagination can concieve, because all such places would be within our universe, and it is limited by space, time, and causation. Space, time, causation are all delusions.
- The flash of light that will illumine the darkness for us is in us; it is the knowledge that is our nature (there is no “birth-right”, we were never born). All that we have to do is to drive away the clouds that cover it. - No great work can be achieved by humbug. It is through Love, a passion for Truth, and tremendous energy, that all undertakings are accomplished. Therefore, manifest your manhood. Swami Vivekananda
- True love is very different from an evanescent outburst of indulgent emotionalism or the enervating stupor of a slumbering heart. It can never come to those whose heart is darkened by selfish cravings or weakened by constant reliance upon the lures and stipulations of the passing objects of sense.
- True love is no game of the faint-hearted and the weak; it is born of strength and understanding.
- Human love leads to innumerable complications and tangles, but divine love leads to integration and freedom. In divine love the personal and the impersonal aspects are equally balanced, but in human love the two aspects are in alternating ascendency. Meher Baba

ALL over the world the spirit of man is crying for freedom. Love of freedom and the search for freedom are the principal characteristics of humanity. In all races and in all climes, in all countries and at all times, the watchword for the groping and struggling humanity has always been freedom! There are very few persons however who really understand the full implications of true and unqualified freedom; and there are many who, in their partial understanding of the real conditions of freedom, strive only for the attainment of that kind of existence which gives them a sense of relative freedom. Thus, different persons long for different kinds of freedom according to the different things which they have come to value. Freedom to live as one wishes is sought in all departments of life. This imperative demand for freedom usually expresses itself by fastening upon some external conditions of the kind of existence which people wish to lead. Thus those who identify their being with their country seek national or political freedom. Those who are animated by economic purposes seek economic freedom. Those who are inspired by religious aspirations seek religious freedom. Those who are inspired by economic purposes seek economic freedom. Those who are inspired by religious seek freedom of religion. Those who are enthusiastic about sociological or cultural ideology seek freedom of movement and freedom to express the ideals which they cherish and which they wish to propagate. But there are few who realise that the basic freedom which alone gives the stamp of true value to any of these different kinds of relative freedom is spiritual freedom. Even when all the external conditions of a free life are completely fulfilled and guaranteed, the soul of man would still remain in woeful bondage if it had failed to realise spiritual freedom. All the different types of freedom which fasten upon some external conditions must, in their very nature, exist within certain limits, for the freedom which an individual or community or state seeks must be consistent with similar freedom for other individuals, communities or states. National, economic, religious or cultural freedom expresses itself in and by means of the duality of existence. It lives on duality and is sustained by duality; therefore it has to be relative and limited and cannot be infinite. It exists in varying degrees, and even when it is won through persistent effort, it cannot be a permanent attainment since the external conditions which have once been secured are not
secure forever, but are capable of deteriorating in the course of time. Only spiritual freedom is absolute and unlimited. When it is won through persistent effort, it is secured forever. Though spiritual freedom can and does express itself in and through the duality of existence, it is grounded in the realisation of the inviolable unity of all life, and is sustained by it. One important condition of spiritual freedom is freedom from all wanting. It is want that fetters. Spiritual freedom alone can be unlimited through attachment to conditions which would fulfill that want; if there is no want, there is no dependence or limitation. The soul is enslaved through wanting. When the soul breaks asunder the shackles of wanting, it emancipates itself from its bondage to the bodies, mind and ego. This is the spiritual freedom which brings with it the final realisation of the unity of all life and puts an end to all doubts and worries. It is only in spiritual freedom that one can have abiding happiness and unimpaired self-knowledge. It is only in spiritual freedom that there arises the supreme certainty of Truth. It is only in spiritual freedom that there is the final ending of sorrow and limitation. It is only in spiritual freedom that one can live for all, and yet be detached in the midst of all activities. Any lesser type of freedom is comparable to a house which is built on sand, and any lesser type of attainment is fraught with the fear of decay. Therefore there is no gift greater than the gift of spiritual freedom, and there is no task more important than the task of helping others to achieve spiritual freedom. Those who have understood the supreme importance of spiritual freedom have not only to strive for it for themselves, but also to share the God-given duty of helping others to win it. Regardless of whether man is wealthy or poor, highly educated or illiterate, the only real help is to give him the perfect hope that everyone has a really equal opportunity to achieve everlasting freedom from all bindings. Meher Baba 1894-1969

FREEDOM IS ONLY KNOWING THE SELF WITHIN YOURSELF. RAMANA MAHARSHI

READING FOR LIFE
1. Rupert Sheldrake - THE SEVEN EXPERIMENTS THAT COULD CHANGE THE WORLD
also Rupert Sheldrake with Michael Fox - NATURAL GRACE
2. Gary Zukav THE SEAT OF SOUL and also THE DANCING WU LI MASTER (Bestseller)
3. Fritjof Capra - THE TAO OF PHYSICS (world bestseller free to download internet
God and spirituality
4. Deepak Chopra - HOW TO KNOW GOD (world bestseller, and all his books)
5. Meher Baba - GOD SPEAKS (free books to download from Internet (here Man-God speaking from own experience)
6. Jiddu Krishnamurti - FIRST AND LAST FREEDOM (visit download - www.krishnamurti.org)
8. Sudhakar S. Dikshit - I AM THAT (Dialogues of Sri Nisargadatta Maharaj, all his books free to download from internet from Forward - There are various religions and systems of philosophy which claim to endow human life with meaning. But they suffer from certain inherent limitations. They couch into fine-sounding words their traditional beliefs and ideologies, theological or philosophical. Believers, however, discover the limited range of meaning and applicability of these words, sooner or later. They get disillusioned and tend to abandon the systems, in the same way as scientific theories are abandoned, when they are called in question by too much contradictory empirical data. When a system of spiritual interpretation turns out to be unconvincing and not capable of being rationally justified, many people allow themselves to be converted to some other system. After a while, however, they find limitations and contradictions in the other system also. In this unrewarding pursuit of acceptance and rejection what remains for them is only scepticism and agnosticism, leading to a fatuous way of living, engrossed in mere gross utilities of life, just consuming material goods. Sometimes, however, though rarely, scepticism gives rise to an intuition of a basic reality, more fundamental than that of words, religions or philosophic systems. Strangely, it is a positive aspect of scepticism. It was in such a state of scepticism, but also having an intuition of the basic reality, that I happened to read Sri Nisargadatta Maharaj’s I AM THAT. I was at once struck by the finality and unassailable certitude of his words. Limited by their very nature though words are, found the utterances of Maharaj transparent, polished windows, as it were. . . I am thankful to Sudhakar S. Dikshit, the editor, for inviting me to write the Foreword to this new edition of I AM THAT and thus giving me an opportunity to pay my homage to Sri Nisargadatta Maharaj, who has expounded highest knowledge in the simplest, clearest and the most convincing words. Douwe Tiemersma - Philosophical Faculty Erasmus Universiteit Rotterdam, Holland June, 1981
- Leo Tolstoy - THE KINGDOM OF GOD IS WITHIN YOU
- - Love always involves freedom. Jane Roberts - - At the end read alive book your-self - yourself

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Let us be at peace with our bodies and our minds. Let us return to ourselves and become wholly ourselves. Let us be aware of the source of being, common to us all and to all living things. Evoking the presence of the Great Compassion, let us fill our hearts with our own compassion - towards ourselves and towards all living beings. Let us pray that we ourselves cease to be the cause of suffering to each other. With humility, with awareness of the existence of life, and of the suffering that are going on around us, let us practice the establishment of peace in our hearts and on earth. Thich Nhat Hanh (zen master) in Singing the Living Tradition

Our goal while on this earth is to transcend our illusions and discover the innate power of our spirit. We are responsible for what we create, and we must therefore learn to act and think with love and wisdom and live in service to others and all life. Caroline Myss

This earth, O ignorant disciple, is but the dismal entrance leading to the twilight that precedes the valley of true light that light which no wind can extinguish, that light which burns without a wick or fuel. H. P Blavatsky 1831-1891 - THE VOICE OF SILENCE

Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal: for where your treasure is, there will your heart be also. Jesus

To love totally, unrequitedly and consistently would be a major achievement by humanity. That will be one of major tasks of the Christ - to establish the nature of God’s love in its true sense, as the energy which He embodies. He does it by example, and by spiritual nourishing of our being which it is His pleasure to do. Benjamin Creme

Freedom from bounds of time and space is the only freedom worth the name.

Mikhail Naimy - THE BOOK OF MIRDAD (reading for all who love Life and Earth)

Love is not for wimps. It takes tremendous courage to embrace this divine energy.

Dannion Brinkley - SECRETS OF THE LIGHT

Love can consign us to hell or to paradise, but it always takes us somewhere. We simply have to accept it, because it is what nourishes our existence. If we reject it, we die of hunger, because we lack the courage to reach out a hand and pluck the fruit from the branches of the tree of life. We have to take love where we find it, even if it means hours, days, weeks of disappointment and sadness. Paulo Coelho

Trust love even if it brings sorrow. Do not close up your heart. The heart is only for giving away with a tear and a song. Rabindranath Tagore - THE GARDENER

You try to be that love which is not conditioned by the body-mind. If you are that love, it is total, complete love, but if it arises out of your body-mind, that is the root cause of your misery. Detachment comes only after you are free from bodily love. Be free from the body-mind State and be in the State of love, and that will be the source of all bliss.

Nisargadatta Maharaj

What you receive from others is a testimony to their virtue; but all that you do for others is the sign and clear indication of your own. Giordano Bruno 1548-1600

Without self-realization, no virtue is genuine. Where you know beyond all doubting that the same life flows through all that is and you are that life, you will love all naturally and spontaneously. When you realize the depth and fullness of your love of yourself, you know that every living being and the entire universe are included in your affection. But when you look at anything as separate from you, you cannot love it for you are afraid of it. Alienation causes fear and fear deepens alienation. It is a vicious circle. Only self-realization can break it. Go for it resolutely. A most worthy way of being selfish! By all means be selfish by foregoing everything but the Self. When you love the Self and nothing else, you go beyond the selfish and the unselfish. All distinctions lose their meaning. Love of one and love of all merge together in love, pure and simple, addressed to none, denied to none. Stay in that love, go deeper and deeper into it, investigate yourself and love the investigation and you will solve not only your own problems but also the problems of humanity. You will know what to do. Do not ask superficial questions; apply yourself to fundamentals, to the very roots of your being. Nisargadatta Maharaj - I AM THAT

Watch narrowly the demonstration of a truth, its birth, and you trace back the efficiency to its spring and source within us. Robert Browning 1812 - 1889

“Such is the Law which moves to righteousness,
Which none at last can turn aside or stay;
The heart of it is Love, the end of it
is peace and consummation sweet. Obey.”

Sir Edwin Arnold - THE LIGHT OF ASIA
TRUE AND FALSE LIBERTY

1 Of all the perplexing problems growing out of the Lucifer rebellion, none has occasioned more difficulty than the failure of immature evolutionary mortals to distinguish between true and false liberty.

2 True liberty is the quest of the ages and the reward of evolutionary progress. False liberty is the subtle deception of the error of time and the evil of space. Enduring liberty is predicated on the reality of justice - intelligence, maturity, fraternity, and equity.

3 Liberty is a self-destroying technique of cosmic existence when its motivation is unintelligent, unconditioned, and uncontrolled. True liberty is progressively related to reality and is ever regardful of social equity, cosmic fairness, universe fraternity, and divine obligations.

4 Liberty is suicidal when divorced from material justice, intellectual fairness, social forbearance, moral duty, and spiritual values. Liberty is nonexistent apart from cosmic reality, and all personality reality is proportional to its divinity relationships.

5 Unbridled self-will and unregulated selfexpression equal unmitigated selfishness, the acme of ungodliness. Liberty without the associated and ever-increasing conquest of self is a figment of egotistic mortal imagination. Self motivated liberty is a conceptual illusion, a cruel deception. License masquerading in the garments of liberty is the forerunner of abject bondage.

6 True liberty is the associate of genuine self-respect; false liberty is the consort of self-admiration. True liberty is the fruit of self-control; false liberty, the assumption of self-assertion. Self-control leads to altruistic service; self-admiration tends towards the exploitation of others for the selfish aggrandizement of such a mistaken individual as is willing to sacrifice righteous attainment for the sake of possessing unjust power over his fellow beings.

7 Even wisdom is divine and safe only when it is cosmic in scope and spiritual in motivation.

8 There is no error greater than that species of self-deception which leads intelligent beings to crave the exercise of power over other beings for the purpose of depriving these persons of their natural liberties. The golden rule of human fairness cries out against all such fraud, unfairness, selfishness, and unrighteousness. Only true and genuine liberty is compatible with the reign of love and the ministry of mercy.

9 How dare the self-willed creature encroach upon the rights of his fellows in the name of personal liberty when the Supreme Rulers of the universe stand back in merciful respect for these prerogatives of will and potentials of personality! No being, in the exercise of his supposed personal liberty, has a right to deprive any other being of those privileges of existence conferred by the Creators and duly respected by all their loyal associates, subordinates, and subjects.

10 Evolutionary man may have to contend for his material liberties with tyrants and oppressors on a world of sin and iniquity or during the early times of a primitive evolving sphere, but not so on the morontia worlds or on the spirit spheres. War is the heritage of early evolutionary man, but on worlds of normal advancing civilization physical combat as a technique of adjusting racial misunderstandings has long since fallen into disrepute. THE URANTIA BOOK
a gift. I am sorry when my independence is invaded, or when a gift comes from such as do not
know my spirit, and so the act is not supported; and if the gift pleases me overmuch, then I
should be ashamed that the donor should read my heart, and see that I love his commodity, and
not him. The gift, to be true, must be the flowing of the giver unto me, correspondent to my
flowing unto him. When the waters are at level, then my goods pass to him, and his to me.
I fear to breathe any treason against the majesty of love, which is the genius and god of gifts, and
to whom we must not affect to prescribe.
Nature is loved by what is best in us. It is loved as the city of God, although, or rather because
there is no citizen. The sunset is unlike anything that is underneath it: it wants men. And the
beauty of nature must always seem unreal and mocking, until the landscape has human figures
that are as good as itself.
The lover seeks in marriage his private felicity and perfection, with no prospective end; and
nature hides in his happiness her own end, namely, progeny, or the perpetuity of the race.
Love and nature cannot maintain the assumption; it must be executed by a practical lie, namely
by force. This undertaking for another is the blunder which stands in colossal ugliness in the
governments of the world.
We think our civilization near its meridian, but we are yet only at the cock-crowing and the
morning star. In our barbarous society the influence of character is in its infancy. As a
political power, as the rightful lord who is to tumble all rulers from their chairs, its
presence is hardly yet suspected. Malthus and Ricardo quite omit it; the Annual Register is
silent; in the Conversations’ Lexicon it is not set down; the President’s Message, the Queen’s
Speech, have not mentioned it; and yet it is never nothing. Every thought which genius and piety
throw into the world, alters the world. The gladiators in the lists of power feel, through all their
frocks of force and simulation, the presence of worth. I think the very strife of trade and ambition
are confession of this divinity; and successes in those fields are the poor amends, the fig-leaf
with which the shamed soul attempts to hide its nakedness. I find the like unwilling homage in all
quarters. It is because we know how much is due from us that we are impatient to show some
petty talent as a substitute for worth. We are haunted by a conscience of this right to grandeur of
character, and are false to it. But each of us has some talent, can do somewhat useful, or
graceful, or formidable, or amusing, or lucrative. That we do, as an apology to others and to
ourselves for not reaching the mark of a good and equal life. But it does not satisfy us, whilst we
thrust it on the notice of our companions. It may throw dust in their eyes, but does not smooth
our own brow, or give us the tranquillity of the strong when we walk abroad. We do penance as
we go. Our talent is a sort of expiation, and we are constrained to reflect on our splendid moment
with a certain humiliation, as somewhat too fine, and not as one act of many acts, a fair
expression of our permanent energy. Most persons of ability meet in society with a kind of tacit
appeal. Each seems to say, 'I am not all here.' Senators and presidents have climbed so high with
pain enough, not because they think the place specially agreeable, but as an apology for real
worth, and to vindicate their manhood in our eyes. This conspicuous chair is their compensation
to themselves for being of a poor, cold, hard nature. They must do what they can. Like one cla
of forest animals, they have nothing but a prehensile tail; climb they must, or crawl. If a man
found himself so rich-natured that he could enter into strict relations with the best persons and
make life serene around him by the dignity and sweetness of his behavior, could he afford to
circumvent the favor of the caucus and the press, and covet relations so hollow and pompous as
those of a politician? Surely nobody would be a charlatan who could afford to be sincere.
The tendencies of the times favor the idea of self-government, and leave the individual, for all
code, to the rewards and penalties of his own constitution; which work with more energy than we
believe whilst we depend on artificial restraints. The movement in this direction has been very
marked in modern history. Much has been blind and discreditable, but the nature of the
revolution is not affected by the vices of the revolters; for this is a purely moral force. It was
never adopted by any party in history, neither can be. It separates the individual from all party,
and unites him at the same time to the race. It promises a recognition of higher rights than those
of personal freedom, or the security of property. A man has a right to be employed, to be trusted,
to be loved, to be revered. The power of love, as the basis of a State, has never been tried.
Love would put a new face on this weary old world in which we dwell as pagans and enemies too
long, and it would warm the heart to see how fast the vain diplomacy of statesmen, the
impotence of armies, and navies, and lines of defence, would be superseded by this unarmed
child. Love will creep where it cannot go, will accomplish that by imperceptible methods, – being
its own lever, fulcrum, and power, – which force could never achieve. We will walk on our own
feet; we will work with our own hands; we will speak our own minds... A nation of men will for the
first time exist, because each believes himself inspired by the Divine Soul which also inspires all
men. Ralph Emerson
The inherent contradiction of human life has now reached an extreme degree of tension: on the one side there is the consciousness of the beneficence of the law of love, and on the other the existing order of life which has for centuries occasioned an empty, anxious, restless, and troubled mode of life, conflicting as it does with the law of love and built on the use of violence. This contradiction must be faced, and the solution will evidently not be favourable to the outlived law of violence, but to the truth which has dwelt in the hearts of men from remote antiquity: the truth that the law of love is in accord with the nature of man. But men can only recognize this truth to its full extent when they have completely freed themselves from all religious and scientific superstitions and from all the consequent misrepresentations and sophistical distortions by which its recognition has been hindered for centuries. To save a sinking ship it is necessary to throw overboard the ballast, which though it may once have been needed would now cause the ship to sink. Leo Tolstoy 1828-1910 - A Letter to a Hindu

Again, I maintain that no organization can lead man to spirituality. If an organization be created for this purpose, it becomes a crutch, a weakness, a bondage, and must cripple the individual, and prevent him from growing, from establishing his uniqueness, which lies in the discovery for himself of that absolute, unconditioned Truth. . . - - - The moment you follow someone you cease to follow Truth. . . - - - If you know love you will not follow anybody. Love does not obey. When you love there is neither respect nor disrespect. J. Krishnamurti

Oh while I live, to be the ruler of life, not a slave, to meet life as a powerful conqueror, and nothing exterior to me will ever take command of me. . . Freedom – to walk free and own no superior. . . This is what you shall do; Love the earth and sun and the animals, despise riches, give alms to every one that asks, stand up for the stupid and crazy, devote your income and labor to others, hate tyrants, argue not concerning God, have patience and indulgence toward the people, take off your hat to nothing known or unknown or to any man or number of men, go freely with powerful uneducated persons and with the young and with the mothers of families, read these leaves in the open air every season of every year of your life, re-examine all you have been told at school or church or in any book, dismiss whatever insults your own soul, and your very flesh shall be a great poem and have the richest fluency not only in its words but in the silent lines of its lips and face and between the lashes of your eyes and in every motion and joint of your body. . . - - - Not I, nor anyone else can travel that road for you. You must travel it by yourself. It is not far. It is within reach. Perhaps you have been on it since you were born, and did not know. Walt Whitman 1819-1892

The world peopled by men possessing cosmic consciousness will be as far removed from the world of to-day as this is from the world as it was before the advent of self consciousness. Richard Maurice Bucke 1837-1902 - COSMIC CONSCIOUSNESS - A Study of the Evolution of the Human Mind

"Spiritual leaders of the earth must leave humanity apparently alone because people are to discover divine truth in themselves and in nature, standing on their own feet, using their own will, independent of outside help. If this were not so they would never have the opportunity of climbing up to the highest level. But just as a good mother helps her child to learn to walk alone so that it can develop independence, while all the time she watches from a distance, ready to help it up again after a fall, in the same way the spiritual powers guiding the earth are ready to intervene whenever necessary to help humanity out of difficult situations. They are active on the spiritual plane, guiding and leading humanity from there." Elisabeth Haich - INITIATION (reading for all who love Life and Earth)

Tulsidas, the poet, was wandering, deep in thought, by the Ganges, in that lonely spot where they burn their dead.

He found a woman sitting at the feet of the corpse of her dead husband, gaily dressed as for a wedding.

She rose as she saw him, bowed to him, and said, "Permit me, Master, with your blessing, to follow my husband to heaven."

"Why such hurry, my daughter?" asked Tulsidas. "Is not this earth also His who made heaven?"

"For heaven I do not long," said the woman. "I want my husband."

Tulsidas smiled and said to her, "Go back to your home, my child. Before the month is over you will find your husband."

The woman went back with glad hope. Tulsidas came to her every day and gave her high thoughts to think, till her heart was filled to the brim with divine love.

When the month was scarcely over, her neighbours came to her, asking, "Woman, have you found your husband?" The widow smiled and said, "I have."

Eagerly they asked, "Where is he?" "In my heart is my lord, one with me," said the woman.

Rabindranath Tagore 1861-1941 - FRUIT-GATHERING
"How deaf and stupid have I been!" he thought, walking swiftly along. "When someone reads a text, wants to discover its meaning, he will not scorn the symbols and letters and call them deceptions, coincidence, and worthless hull, but he will read them, he will study and love them, letter by letter. But I, who wanted to read the book of the world and the book of my own being, I have, for the sake of a meaning I had anticipated before I read, scorned the symbols and letters, I called the visible world a deception, called my eyes and my tongue coincidental and worthless forms without substance. No, this is over, I have awakened, I have indeed awakened and have not been born before this very day.

- - - Love always involves freedom. Jane Roberts - - - Herman Hesse - SIDDHARTHA

Drink deep at the fountain of love, but do not lose consciousness! Meher Baba

The spirit of Love which is manifested as a perfect and rounded life, is the crown of being and the supreme end of knowledge upon this earth. The measure of a man’s truth is the measure of his love, and Truth is far removed from him whose life is not governed by Love. James Allen - FROM POVERTY TO POWER

- Great men are they who see that spiritual is stronger than any material force, that thoughts rule the world. . . - A person is what he thinks about all day long. Ralph Emerson